



Carrick Mail

Volume 3 Issue 4

October 2008

Carrick Academy

S4 Prelims

S4 prelims start on Monday 24th November and they will be finished on Friday 5th December. Calendars will be issued on the 6th November.

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There is NO study Leave for S4 prelims.

You should have already started your revision.

Good Luck with your Prelims 4th Years!!!!



S1 pupils, as part of their ICT course designed tickets and posters for the Halloween Disco held on 30 October.

The winning ticket was designed by Claire Bryan and winning posters by Mhairi Davidson and Robin-Leigh Stevenson of 1Y1.

Well done, girls.

Headlines

October was Breast Cancer Awareness Month.

On Friday 31 October, staff and senior pupils wore something pink to raise money for Breast Cancer Research. Total raised was £111.05

Schools of Ambition Challenge Day

First & Second Year pupils of Carrick Academy took part in a challenge day arranged by Mr Dunsmuir, Mr Brown & Senior pupils. Throughout the day they took part in different challenges that were set up to challenge their leadership skills. They also had a chance to enjoy a day with their peers and learn the types of skills they may need in the future.

Even though it was raining both junior and senior pupils really seemed to enjoy themselves.

We hope everyone had a good day.



Head Teacher Report

I hope everyone had an enjoyable October break.

Just before the end of term the school was invited by the Community Council to the launch of the Young Roots DvD that was funded through the Heritage Lottery. A most enjoyable evening was had by all and everyone involved was so impressed by the standard and quality of the DvD that was produced to show Carrick Academy – Its Royal Roots. We are indebted to all the partners and the Community for this most valuable experience for our pupils.

As you will be aware on the last day of term we were advised by the police to send home pupils from the outlying villages due to the water on the roads. We became aware from a number of pupils that the emergency numbers we have are not up to date. It would be much appreciated if any parent who has changed contact numbers since the annual data check to contact the school and update any changes.

Pupils have been undergoing Open Space Events and House consultations regarding school, community and national projects through Schools of Ambition programme.

We had a very successful S3 Substance Abuse day where a number of partnership agencies gave up their valuable time to assist our pupils make the best choices they can when faced with a range of temptations.

Following a very successful Duke of Edinburgh programme last session we have just launched our S3 pupils into the same programme for this session.

Later in the newsletter there is a consultation for parents from the Parent Council and Chair Sina Currie would be most grateful if any comments were sent to her for consideration. Her email address is included in the consultation.

As ever, if you have any concerns please do not hesitate to contact me at the school

Regards

R Stewart

Headteacher

Breast Cancer Awareness Month 2008

BREAST CANCER is the most common women's cancer in the UK. With one in nine women developing the disease at some point in their lives, Cancer Research UK's work to beat the disease remains crucial. To mark the launch of the charity's "It's a girl thing" breast cancer awareness campaign in October, Cancer Research UK is calling on all women to be breast aware, act now to reduce their risk of getting the disease, and do whatever they can to raise money to fund its lifesaving work.

To help raise funds to beat breast cancer, men and women across the UK are being encouraged to take part in any of Cancer Research UK's walking

events throughout the autumn or hold their own fundraising parties. Whether you're a career girl, party girl, outdoors girl or a shopaholic girl, Cancer Research UK has plenty of ideas to get you started. Alternatively, you can show your support by buying one of the charity's exclusive pink products. Limited edition celebrity designed bath ducks will be available in Cancer Research UK shops, and Peacocks and The Pampered Chef will be selling their own range of breast cancer awareness products, with a percentage of the sales going to Cancer Research UK.



Children in Need

Children In Need takes place on Friday 14th November. There will be many events taking place at the beginning of that week by the S6 and stalls set up on Friday so everyone can participate and raise more money for Children In Need.

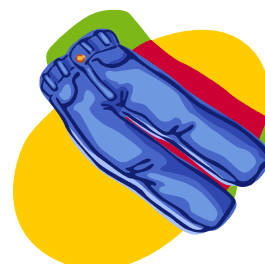
This is not a non-uniform day



Friday 14 November

Jeans for Genes Day

Jeans 4 Genes was on the 10th October 2008. We raised £241.31. The school were disappointed with the amount of money raised, considering the number of pupils who attended the school that day.



WOSPEG physics quiz - Strathclyde University - 17/9/08

On the 17th September 2008, Dr Woodland took a group of pupils to Strathclyde University in Glasgow to take part in a Physics Quiz. The people in the team were Rebecca Hayton (4Y2), Heather McIntyre (4Y2) and Daniel Wallace (3R1), Fraser Wakefield (3Y) was a reserve. We competed against 3 other teams, Our Lady's, Clevedon and Hillpark. We came in 3rd place and Our Lady's were 1st. At the beginning we lagged behind in the buzzer round but after some Physics questions we soon caught up with the leading team. The Final scores were - Carrick 24, Hillpark 26, Our Lady's 32, and Clevedon 19. The whole team had fun and would probably like to take part in the quiz next year.

Rebecca Hayton, 4Y2



Heather McIntyre, 4Y2

The main quiz was very interesting, if slightly vexing. One boy from another school was very fast on the buzzer, which meant that we had to work very hard to catch up points in the non-buzzer rounds. Daniel Wallace (S3), Heather McIntyre, and Rebecca Hayton were in the quiz. I was reserve - in case of assassination attempts on Daniel or, to be less dramatic, the common cold. Doctor Woodland "spearheaded the group. Carrick Academy held its head high coming thirdout of four. After the quiz we stopped off at Silverburn for lunch. We met Mr Wilson(deputy head) there, as he had also stopped at M&S for his lunch, having been visiting a nearby school. We all enjoyed our time and can now relax for another 365 days, until next year's quiz.

P7's Trip to Carrick

Peer Helping for primary 7's was held in the Town Hall, Periods 4 and 5 of Tuesday 28th October 2008. The primary 7's came up to Carrick Academy in the morning and took part in a range of activities planned by Mr Dunsmuir and Mr Brown along with a group of senior pupils. The challenges were to encourage leadership in individuals and for the pupils to interact with pupils from

different schools. Then they went down to the Town Hall to join Mrs McKnight and the senior pupils for peer helping training, or as the primary 7 refer to it 'Buddies'.

On behalf of Mrs. McKnight we would like to say thank you to all senior pupils who helped with peer helping training, in the Town Hall and to all senior pupils who helped throughout the day.

Piping Competition

The following pupils recently participated in the Caledonian Piping Society Solo Championships which is the most prestigious competition of its kind, and were awarded recognition in the following ways:

Louise Allan of S4- 2 medals

Scott Barrie of S1- 2 medals

William Limond of S1- 2nd place in the chanter competition

Euan Andrew of S1- 1 medal

Congratulations to all of the competitors and especially Euan as it was his first competition so congratulations!!

Schools to be consulted on enhancement of school nurse service

NHS Ayrshire & Arran has been given the go-ahead to consult South Ayrshire's schools on proposals to enhance the existing school nurse service.

School nurses currently provide free, confidential advice and support at drop-in clinics in secondary schools in Ayrshire and Arran, where pupils can get information on a range of health issues. These clinics support young people who may be experiencing any number of health concerns, ranging from weight issues to mental health problems - for example, stress. Support and advice is provided within a familiar environment by a dedicated school nurse.

South Ayrshire Council has accepted our proposal to consult fully with parents on enhancements which would include:

- Pregnancy and Chlamydia testing

- Access to the C-card scheme. This involves a full one-to-one consultation with a school nurse, after which a young person may be issued with a card, which can be presented at registered health premises in exchange for condoms

Evidence shows that NHS Ayrshire & Arran has one of the highest teenage pregnancy rates for girls aged between 13 and 15 in Scotland (ISD Scotland 2005¹). We want to reduce teenage pregnancies in this age group by 20 per cent by 2010. Following the introduction of this enhanced service in England, teenage pregnancy rates in the district of Hackney² reduced by 28 per cent.

The number of people in Scotland being diagnosed with Chlamydia is also rising. This sexually transmitted infection often shows no symptoms and can lead to ectopic pregnancies and infertility. NHS Dumfries & Galloway recently reported a significant uptake in Chlamydia testing following a pilot initiative within all secondary schools.

Sina Currie, NHS Ayrshire & Arran's school nurse co-ordinator said: "School nurses currently provide an invaluable service for young people in an environment where they feel comfortable. We hope that this service could be enhanced to offer a fully holistic service.

"If both the school and parents accept these proposals young people will be able to access pregnancy and Chlamydia testing and the c-card scheme through their school nurse. This scheme does not involve dispensing condoms on school premises. Any young person requesting these services would have a full consultation with the school nurse. In addition to providing advice and support, we would also be able to offer access to other appropriate health services based on each individual's needs."

NHS Ayrshire & Arran is in discussions with East and North Ayrshire Councils regarding this enhanced school nurse service and we will work in partnership with our local authority colleagues to consult with schools and parents in these areas.

Please send any comments you would like to make to NHS address sina.currie@aapct.scot.nhs.uk

Coaching Academy



Active Schools Coaching Academy is coming to your school soon!

Are you in fifth or sixth year?

Are you interested in getting sports coaching qualifications for FREE?

If so, please contact your Active Schools Coordinator, or PE staff for more details

Kirsty Mackay 07977 202231 kirsty.mackay@kyle.sayr.sch.uk

Ryan Douglas 07966 681172 ryan.douglas@belmont.sayr.sch.uk

SFA Coaching Course

Youth Pathway's Level one football coaching award

11 pupils and 4 staff took part in a 6 hour course over 3 days on the schools all weather pitch. Scott Guy who is a player and youth coach development officer for the SFA in the south west delivered the course. As a result of this we have a number of pupils and staff officially qualified to take groups of children from 10 to 18 years of age for football coaching. The senior pupils shall be responsible for coaching groups of 3rd years on Thursday nights between now and Christmas, in conjunction with the staff.

The staff and pupils that took part found the course very enjoyable and it gave them the experience of working and learning together. We plan to deliver this course each year.



Football Fixtures

Novembers Fixtures

- S1 - Scottish Cup, Carrick v Dumfries Academy
S3 - Scottish Cup, Castle Douglas High School v Carrick
S4 - Scottish Cup, 2nd round tie TBC
S5/S6 - Scottish Cup, Carrick v Stranraer
League Carrick v Cumnock, Kyle v Carrick, Belmont v Carrick

Results

S1

Belmont 2 v 3 Carrick League

Goals were scored by, Ryan Nisbet 2, John Fulton 1. Andrew Wallace was the man of the match.

Carrick 1 v 1 Prestwick League

Our goal was scored by, Ryan Nisbet. Mathew Howie was the man of the match.

Kyle 2 v 0 Carrick League

It was a close game, Carrick were unlucky to lose. Our Man of the Match was Mathew Howie.

S2

Carrick 3 v 1 S3 Carrick 2nd XI Friendly

This was a first outing for the S3 2nd XI, in a tight match our S2 team came out on top.

S3

Carrick 4 v 1 Larkhall Scottish Cup

Goals scored by, John Dewar 2, Conner Wyllie 1 and Jordan Anderson 1. Man of the match Jordan Anderson.

Belmont 5 v 0 Carrick League

S4

Carrick 8 v 1 Wallace Hall Scottish Cup

Goals Roddy Paterson 5 (yes that right '5') Steven Logan, Tony Howie and Thomas Nisbet. Great result by the boy's, well done!!

Rugby Report

Last year Carrick 1st XV defeated Largs in the Ayrshire league semi final by 29-5, on Wednesday of this week Carrick managed to defeat Largs again with a similar score line of 28-5. However this game was a lot tighter than the final score suggests. Carrick were 8-0 up at half time with a try from Greg Montgomery and a penalty from David Logan. The second half started off with Largs coming back into the game by scoring a try of their own. Carrick eventually got into their stride with a 7 minute spell which saw them score 3 tries, 1 conversion and a penalty. Carrick won and from the South Ayrshire point of view that's all that can be said. Largs however were far more competitive than they were last year and can be disappointed that Carrick pulled away from them towards the end of the game.

Michael Paton gave an honest assessment of the Carrick performance after the game:

" All credit to Largs who played very well but we were not at the races. We didn't perform well in any aspect of the game but we did grind out the win and that's all that can be said of today. If we play like that next week we will have no chance of winning"

Next weeks game is against a Marr Development XV at home on Wednesday 5th November. Carrick played Marr 3 times last season so both sides know each other well. Carrick won the opening fixture last season by 12-5 while Marr reversed this result at College Fields by 15-12. The Cup Final was also close with Marr winning 10-3. The Carrick boys know that this will be a massive challenge for them with Marr now fielding a Development XV in the competition and if they perform like they did against Largs then the boys from Troon can be confident of a victory. Kick off is 3.30pm. All spectators are welcome.

The 1st XV have been drawn against Girvan Academy or St Josephs College in the Scottish Bowl Round 2. It is hoped that this game will be played on Wednesday 26th November at the School Field.

1st XV

Ayrshire League

Largs Academy 1st XV 5 - 28 Carrick Academy 1st XV

2nd XV

South Ayrshire League

Ayr Academy 1st XV 14 - 31 Carrick Academy 2nd XV

U15

Scottish Bowl Round 1

Carrick Academy U15 52 - 0 Lockerbie Academy U15

U18 Girls

Carrick Academy U18 Girls 56 - 5 Douglas Ewart HS U18 Girls

U15 Girls

Carrick Academy U15 Girls 17 - 27 Douglas Ewart HS U15 Girls

Fixture

Big one for the 1st XV

Carrick V Marr

Wednesday 5th November, Kick off 3.30pm

Carrick Academy

74 Kirkoswald Road

Maybole

KA19 8BP

Phone: 01655882389

Fax: 01655885748

E-mail:

carrick.mail@carrick.sayr.sch.uk

DATES FOR THE DIARY

Friday 14th Nov—Children in Need

Tues 18th Nov—S5/6 Parents' Eve

Mon 24th Nov—S4 Prelims start

Tues 2nd Dec—S3 Parents' Eve

Carrick Academy Rugby Fixtures

The school sides have played over 20 games so far this season. The 1st XV defeated Wellington on Sat 27th September by 43-7 in what Mr Brown described as the finest performance he had ever seen from a Carrick Side. The 1st XV currently sit top of the Ayrshire League as does the 2nd XV who are top of the South Ayrshire League. The Under 15 side are also joint top of the South Ayrshire league. The S1 and S2 sides are working hard and even though they have struggled in matches they have played some excellent opposition in the form of Wellington and Marr.

Rugby Fixtures

1st XV Fixtures

Kick off 3.15pm

Wed 5th Nov - Marr Home (Ayrshire League) Kick off 3.30pm

Wed 12th Nov - Belmont Away (Ayrshire League)
Kick off 3.30pm

Tues 18th Nov - Scottish Bowl Round 2 (TBC)

Sat 29th Nov - Cathkin HS Home (Friendly) Kick off 10.00am

2nd XV Fixtures

Thurs 13th Nov - Queen Margaret 1st XV, Away (S Ayrshire League) Kick off 3.30pm

Thurs 20th Nov - Girvan 1st XV, Away (S Ayrshire League) Kick off 3.00pm

Under 15 Fixtures

Sat 8th Nov - Arran @ Irvine (Friendly) Kick off 10.30am (S3/S4 MIXED GAME)

Wed 12th Nov - Belmont, Away (S Ayrshire League)
Kick off 3.30pm

Tues 18th Nov - Girvan, Away (S Ayrshire League)

S1 and S2

Sat 8th Nov - S1/S2 Mixed side V Arran @Irvine (Friendly) Kick off 10.30am

Mon 17th Nov - S1 V Girvan, Home (Friendly) Kick off 3.15pm

Mon 17th Nov - S2 V Girvan, Home (Friendly) Kick off 3.15pm

Fri 21st Nov - S1 South Ayrshire Tournament (Venue and Timings TBC)

Sat 29th Nov - S1/S2 Mixed side V Arran, Home (Friendly) Kick off 10.00am