Crosshill . Dunure . Fisherton . Kirkmichael . Kirkoswald . Maidens . Maybole . Minishant . Straiton . Turnberry

Incredible achievement for Kirkmichael's Callum Deboys

who represented the country in Beijing for the 2022 Paralympic Games





# MAYBOLE BYPASS has officially opened!

Thank you to all involved and to the people of Maybole for backing this project.



The 'Newsletters' section is where there will be copies of all of the North Carrick Community Newsletters (past and present). This will be useful for people who like to read things on screen or who want to send electronic copies to friends.





### Your voice matters...

We would like all communities in North Carrick and individuals to get involved with the production of this publication. This is **YOUR** newsletter, so please use it to your benefit.



The North Carrick Community Newsletter is produced with funding provided from **ScottishPower Renewables** 

We want to encourage everyone to contribute. We also welcome your comments and thoughts on the newsletter as well as any ideas on what you would like to see more of (or less). This is our sixteenth issue and we want to ensure the newsletter grows from strength to strength but we cannot achieve this without the participation of our readers and advertisers.

Please email all articles, stories, photos and comments to newsletter@nccbc.org.uk

Design and advertising: Shona McMahon @

Evolution Designs Ltd. Email: evolutiondesigns@sky.com

Project development and funding: Stuart Lindsay at: stuart.northcarrick@gmail.com Tel: 07977 115974

## North Carrick Community Benefit Company

Funding is available for a wide range of projects and to find out more or to apply to this fund please contact Marion Young on 01292 612626 or your community council representatives. You can also contact the company directly on ncarrickcb@gmail.com

Copies of the newsletter are delivered to every house in Maybole and the North Carrick villages. If, for any reason, you don't receive a copy please let your community councillors know.

Extra copies will be left in various outlets in each community.

North Carrick Community Newsletter



Download the Newsletter at: www.maybole.org or www.nccbc.org.uk



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## Colouring

## Communities Group

Colouring Communities is a volunteer friendship group for adults with additional support seeds. We create splashes of colour throughout our community in a lovely warm, safe space where everyone is valued, and everyone is respected.

This vibrant project was funded by a 'Go Fund Me' Page and we have been very lucky to have recently received an award of £500 from Maybole Community Council to pay for room hire and materials.

We are so very grateful to everyone who has donated. Special thanks to Goudie's for donating our space until we got set up, to CLD at South Ayrshire Council for donating a member of staff to help us get established, and to the countless volunteers who have helped us along the way!





The group has completed several projects in and around Maybole including a beautiful colourful sign for Maybole Community Food Garden, a 'Positivity Rocks' project, garden signs and we are now currently working on a sign for the Charity Shop.

The group meet each Thursday morning from 10 - 11.30am at Goudie's.

> If you would like to know more then please contact Coral via email on: coral.mcmillan@outlook.com



## Incredible achievement for Kirkmichael's



## **CALLUM DEBOYS**

Local inspiration Callum Deboys represented the country in Beijing this month as part of Team GB's Paralympic team! Callum, who competes in a variety of Para Snow Sports events, was selected in February to travel to compete in the 2022 Paralympic Games, only a few years on from the accident which changed his life.

In June 2017, Callum was travelling to his job as a talented pastry chef at Trump Turnberry, when he was involved in a horrendous road traffic collision. Due to his injuries and to keep him safe Callum was put into an induced coma at the roadside before being airlifted to hospital where he was to undergo over 20 hours of life-saving surgery. Following the surgery, he remained in a coma for three weeks, with his family by his side waiting for him to regain consciousness.

Callum recalls, "The bone in my left leg had broken so badly that it had severed an artery, which resulted in an above knee amputation five days later. I had no knowledge of my injuries or that I was getting my leg amputated until I woke from my coma three weeks later. My family bore the brunt of this trauma on my behalf.

"After waking from my coma, I was given the news about my amputation and my other injuries I had suffered and, as you can imagine, those first few days of realisation were very difficult for me. I once again found myself feeling very low, wondering what my life could possibly be like going forward."

As a friend of Callum's since nursery, I never had any doubt that he would turn his traumatic experience into a positive, as it's just the type of person he is. True to form, with the support of his family and friends, before long Callum was fundraising for the intensive care unit where he was treated and raising awareness for various charities, helping others while he was still recovering himself.

Callum told us, "Once I had recovered and learned to walk again but unable to work, I was at a loss, I didn't know what to do with myself. My physios would set me challenges every week to build up my strength, which gave me something to work on."

### The next step in Callum's journey would be rediscovering sport, and why aim low?

"After my accident I went looking for some opportunities to do some sport. I found rowing which led me to Para Nordic skiing. I fell in love with the sport from there. Since the beginning in 2018, I've been all over the world competing in various World Cups, the Norwegian Cup and World Championship races. My one goal after my accident was to reach the Paralympics, and the last four years have been full commitment to reach that goal. It's been a lot of sacrifice, motivation, and determination to get to where I am."

Callum told us more about how he met his teammate Scott and where it all started, "One Friday afternoon Scott Meenagh, a British Paralympian, came in and took a group of us walking around the hospital grounds to get used to different types of terrain. Scott had lost both his legs in the army but has fought back to represent both himself and his country at the highest level of sport.

"Scott helped me realise that my injuries may have been life threatening but they were not life-ending. There is no doubt that they were life changing - but I had the opportunity to make that a life-change for the better. After hearing his story, I knew I had to go and try some sports."



Callum went along to try out rowing at the centre at Strathclyde Park, near Glasgow. This is where he met his coach, John Blair, and he was soon rowing in regional competitions.

"He not only taught me how to row but he helped me with my mental health which always came first before anything else."

Before long, Scott was able to offer Callum the opportunity to come skiing with his team - The Armed Forces Para Snow Sports Team - and Callum's skiing journey started.

Less than a year into the sport, and in just his second race, Callum achieved the Paralympic qualification time at the 2019 World Championships in Prince George, Canada after finishing 14th in the Middle-Distance Cross Country event. He also placed 9th in the 2022 Östersund World Cup.

The team have trained tirelessly since then, in preparation for the games. As if Callum hadn't been through enough already, he met another obstacle in October 2021, in the form of another traffic collision. Callum was struck off his bicycle while training in Ayr and required hospital treatment after sustaining significant facial and arm injuries. Never to be defeated, and with the help of some great nurses and doctors in the NHS, Callum pulled it back and got back to fitness in time to qualify for Beijing.

He has had further challenges to face on his journey since then, with Covid-19 getting to him in January of 2022 making it impossible to compete in the Lillehammer World Championships. Callum had to travel to Östersund to get that final race to fulfil all the criteria to enable him to attend the Beijing Winter Paralympics. Callum's parents told us, "Callum has had a few scares with Covid-19 levels in his system on the run up to and during the games, despite him having the virus way back in January. We think this is down to his nose injury meaning his body is unable to get rid of the dead virus in his system properly,

skewing the results on his Covid tests, not the best build up and preparation for the biggest stage of his life" Beating the odds, on Saturday 5th March at 2.40am, Callum and Scott competed in their first Paralympic event – the Para Biathlon Men's Sprint Sitting event. Callum had an amazing Paralympic debut, placing 17th, with his teammate Scott in 9th place. Callum followed this up with two 18th place finishes in the Men's Individual Sitting and Men's Middle Distance Sitting events.

Callum also competed in the Para Cross Country Skiing events, finishing 21st in the Men's Middle Distance Sitting event and 22nd in the Men's Sprint Sitting event.

To top things off, Callum was also a member of ParalympicsGB's first ever cross-country relay team. Alongside teammates Steve Arnold, Scott Meenagh and Steve Thomas they combined to finish 12th, in what was their first-ever time racing as a relay team. Coverage of the games is available via All 4 (Channel 4 On Demand) and the 'Channel 4 Sport' YouTube Channel.

We are all so proud of Callum and his teammates for their incredible performances!

Claire Bryan



North Carrick Community News... 5

## S3/S4 Personal Development - ON THE SLOPES!

Through partnership working with Thriving Communities and Carrick Academy and Funded from YouthLink Scotland's 'Youth Work **Education Recovery** 





Fund', S3 and S4 Pupils from Carrick Academy were able to enjoy six weeks of Skiing Lessons at Newmilns Snow &

Complex. The

pupils learned a new skill and enjoyed some active outdoor sports. The young people were also able to

Sports



gain either a 1 or 2 star 'Snow Life Award'. The young people involved commented, "I really thought I was just going to keep falling down and crashing but I've got loads better





## A NEW HEALTH AND **WELLBEING COLUMN BY** ANYA RAE M.F.H.T.

This month I have spent a lot of time having the same conversation with clients regarding self-care.

The past two years have been a very difficult time with shielding, isolating, home schooling, working from home and constantly checking the everchanging rules. Consequently, it has left many of us struggling either mentally, physically, or emotionally.

It's important to acknowledge this and realise you are not alone; self-care is often banded about as a buzzword in these modern times but what does it really mean?

You cannot be the best version of yourself for your family, workplace, or friends unless you take some time out for yourself and there are many ways to do this.

It might be switching your phone off in the evening to reclaim that essential time for you to relax, a long walk on the beach regularly, a massage, a meditation, a fitness class or simply taking the time to meet with close friends once a week for coffee. It also incorporates setting boundaries, being able to say no to commitments from family or work colleagues that will put extra stress on you; taking a step back, asking for help when you need it, forgiving yourself and just putting yourself first.

### It's not selfish, it's necessary.





## Are you looking for a tradesperson or company to carry out work for you?



Lockdown has led to a significant increase in unsolicited telephone sales calls offering home improvement contracts. After a difficult year for businesses across South Ayrshire, let's show our support by using local businesses to carry out work around our homes.

If you are looking for a trader and don't know where to start, try the South Ayrshire Trusted Trader scheme. It's a directory of local businesses that have been vetted by Trading Standards, and have made a commitment to treat their customers fairly, therefore helping you choose the right tradesperson with confidence.

Alternatively, if you're a trader looking to join the Trusted Trader Scheme, please get in touch.

You can find out more information on the South Ayrshire Trusted Trader scheme by: Visiting our website: www.south-ayrshire.gov.uk/trusted-trader/

Calling: 0300 123 0900

Email: trusted.trader@south-ayrshire.gov.uk

Please be patient with businesses as COVID-19 rules may put certain restrictions on what, when and how tradespeople can work on your property.





Pleased to support the residents of North Carrick



## **Maybole's Bill McCubbin has been** awarded Honorary Life SNP Membership after 53 years of dedicated service.

Maybole's Bill McCubbin

The presentation was made recently in the Carrick Centre as members met "in person" for the first time since the pandemic began.

Bill was the last councillor to be elected to Maybole Town Council in 1973, two years before Strathclyde Regional Council and Kyle and Carrick District Council took over local government in 1975 and the town council was no more. In 1977, he was elected to Kyle and Carrick District Council as its first SNP councillor.

He told those attending, "I thank you for your kindness to me regarding my longevity as a party member and thank you on behalf of Rena and I for remembering our diamond wedding earlier in the year. It is, of course, true to say that without Rena behind me my many adventures in the party would not have been possible."

Bill was a strong campaigner for Maybole Bypass, attending many meetings with Governments ministers in the town and at Holyrood. He also held the post of convener of the local Constituency Association for seven years.

Former MSP for Carrick, Cumnock and Doon Valley and Scottish Health Secretary Jeane Freeman was also praised on the night.

A branch spokesman said, "It was a great night with heartfelt speeches and fine music from Davie Anderson, which branch members and friends thoroughly enjoyed."





**Carrick Coastal Rowing Club** 

lain Kirkpatrick told us, "We have been hosting the last all-wooden Fishing Boat (Lady Boss) at Maidens Harbour in our Boat Shed over the autumn and winter to allow boat owner Dougie Caldwell to get it properly refurbished and ready for another season. Dougle lost his wife during Covid, and we felt deserved a bit of a boost so extended the offer of the use of the Boat Shed - otherwise it was a canvas cover on the pier!

"He has been using the ship's carpenter skills of another Dougle semi-retired Dougle Campbell from Girvan. They have made an absolute smashing job of it."



THE NORTH CARRICK **COMMUNITY NEWSLETTER** is for YOU, the community. so PLEASE submit all your articles, events, news updates etc. to:

newsletter@nccbc.org.uk

LADY BOSS

## **DUNURE COVID-19 RECOVERY FUNDS**

Thanks to funding, we managed to organise a Santa's Grotto with help from local business, The Anchorage. Many local children attended and received a wee gift from Santa.

Sadly, we had to postpone an Over 70s Lunch due to change of restrictions again; however, we are in the process of rearranging for March.

Funding also allowed for a block of Music Therapy lessons for our local Parent and Toddler group supplied by Adele Corns of Acorns Music Lessons.









Dunure Crafters group, along with children from our local youth club and Fisherton Primary School, made a range of decorations to decorate our Christmas Tree, for which we held a village switch-on. Using donations from our local committees and businesses we were able to provide complimentary mince pies, chips, hot chocolates, and mulled wines. Thanks to a collection on the evening, a donation of £117.17 was made to the Fisherman's Mission.

#### Dunure Parents and Toddlers

Our babies and toddlers were very lucky to have a special visit in December! We would like to thank local businesses and Dunure Community Council for their donations that helped us with toys and snacks.









## Maybole Community Council

Monday 31st January was a momentous day for Maybole with the opening of the long-awaited bypass. This day marked the end of a long campaign to remove the articulated lorries and ever-increasing flow of traffic through our High Street.

The celebrations were restricted because of Covid regulations and the need to open with haste so the final connections at Smithston can be completed safely with as little inconvenience as possible. We are working with Transport Scotland to hopefully organise a bigger community event in the spring.

It was a bittersweet day for some as we remember the chairman of the Bypass Committee Peter Mason who was at the first sod cutting but sadly didn't get to see the opening. Peter's wife Senga was there to cut the ribbon and his daughter Dawn was in one of the first cars to drive this stretch of road which was a fitting tribute to Peter.

Whilst the community felt the need for a bypass for decades before, the real turn of events wasn't until Transport Minister Keith Brown visited Maybole, and after walking the High Street first hand witnessing the heavy traffic and damage it was causing to the buildings and the safety issues for pedestrians, that a pledge was given to carry out all the preliminaries whilst funding for the build was sought. True to his word, the surveys began shortly after and the result now speaks for itself. How much safer does it feel to walk down the High Street now?

This campaign, and I wish I could find another word, was one of strength combined with courtesy, respect and understanding on all sides, and always non-political. This is one of only a few if not the only bypass that received unchallenged all-party support without reservation. We give our thanks to all the Transport Ministers over the years, Adam Ingram MSP, Jeanne Freeman MSP who stood by us throughout and championed the cause and most recently Elena Whitham MSP who is already with us supporting the changes. Thanks to all South Ayrshire officers who assisted and our local elected members present and past some of whom were bypass committee members.

Special thanks to all the members of the bypass committee who gave of their time so freely to keep the campaign going for so long.

A town that becomes bypassed can be a scary

prospect but in reality the traffic that was tearing our town in two wasn't stopping and therefore the damage to the economy of the town was also hampered. One local business owner is not reporting a downturn in trade since the bypass opened and is stating nothing has changed and hopefully soon we will hear the opposite as more people take to foot and visit the



street. The general rule of thumb, speaking to other bypassed towns, is that you usually have two years to turn their fortunes or remain the same and Maybole is already ahead of the game. In 2012 through to 2014 a town Charette and Needs and Health audit were carried out to ascertain what the town could become post-bypass and these documents were drawn on as discussion points for funders and it wasn't long before The National Heritage Lottery Fund and Historic Scotland showed interest in a regeneration project. Between those two funders and adding in RCGF funding through the Scottish Government and Sustrans funding plus owner contributions, the regeneration fund for the High Street area of the town sits at around £9 million.

Many property owners have been engaged with over the past 18 months whilst the bypass was under construction and property owners are now gearing up to make much-needed repairs and improvements to property that without the bypass was often difficult and sometimes impossible to carry out. The next buildings ready to go in the spring will be the Town Hall, charity shop, castle and a good number of shopfront improvements made simpler thanks to the Ambitions Fund through South Ayrshire Council which is a further bonus to the project.

It can often be said that whilst we have talked regeneration since 2012, people get frustrated by lack of perceived progress but physical works on the High Street were impossible until the bypass opened but lots of work has gone on in this time getting projects and schemes within the programme shovel-ready, ie planning, building warrants, grants to owners agreed and legal requirements in place. There is still a good amount of this to do but a good number are almost ready to go, so won't be long now and contractors will be at work.

We would ask that all local builders and tradesmen stay connected to the Maybole regeneration project and make yourselves known to the property owners. Funders don't allow that someone can just pick a builder at random, there has to be a tendering process for the works but we do want to ensure every opportunity is afforded to local tradespeople. The process of contact began almost three years back and opportunities for training and upskilling have been organised with traditional sash and case repair and training in traditional sandstone and lime rendering. Assistance has been offered with training on Public Contracts Scotland and now many opportunities for contracts of varying sizes will be there for tendering.

As well as buildings, there is a lot to do to make the street (public realm) pedestrian-friendly, accessible for deliveries to business and local traffic, create accessible parking and to ensure existing and new business can prosper because it's a place people want to be. This will include new wider footpaths and renewed more aesthetically appealing traditional surfaces to road and footpaths.

So much happening in Maybole just now with the bypass offering so many opportunities, a new school campus, the Co-op repositioning itself, the revamped Miller Park and all of this is just the beginning.

Just prior to Christmas, Maybole CC and the other CCs of North Carrick and youth clubs and other community facilities were the recipients of a grant fund through the Communities Recovery Fund 2, working with the Carrick Centre as the lead applicant. Maybole CC received £6,000 for wider community use and the timescale for use of the funds was very tight in as much as it had to be spent by March 2022 and used during that period, so recipient groups had to be active through that period. The funds were split and allocated in their entirety to Carrick Micro Minis Rugby, Maybole Juniors 2013 children's football, Carrick Tots Playgroup, Carrick Sensory, Maybole 7th Ayrshire Scouts, Girl Guiding Regional including Crosshill Guides, Maybole Men's Walking Football, TKS children's martial arts, Maybole Pipe Band and Colouring Communities. The groups will no doubt have found the funds very helpful and hopefully they will elaborate on their use separately over time.





# Building North Carrick's Foundations for Recovery

Stuart Lindsay, NCCBC Development Officer

Building North Carrick's Foundations for Recovery, NCCBC has started its new project using the £515,000 grant that it secured from the UK Government's Community Renewal Fund.

The Government specified that this funding must be used for revenue and not capital costs. So, NCCBC has employed four consultant firms to do feasibility studies and project design work. Following on from the end of this project – in June this year – NCCBC expects to be able to make funding applications for millions of pounds worth of projects spread across North Carrick.

The consultants employed in NCCBC Foundations for Recovery project are:

#### Physical Assets – led by ARPL

ARPL are an Ayr-based practice of architects who specialise in working with community groups, local authorities and housing associations across the west of Scotland. This work has included community centres, social enterprises, schools, theatres, community-based housing, churches, landscape work and arts centres. They work with both existing and new buildings with a particular emphasis on low energy/low carbon design.

Within the Foundations for Recovery Programme, ARPL will be primarily looking to develop ideas around the physical assets – buildings and sites – which will support new and existing community and economic activity in North Carrick. This work will involve a review of the existing facilities in North Carrick, discussions with local groups to develop ideas around what could and should be happening and then testing these ideas through a series of costed feasibility studies. These studies will hopefully form the basis for project development and funding applications.

#### Heritage and Cultural Tourism – Led by Hall Aitken

 Public Arts Trail, designing a competition that will lead to installing artworks across North Carrick

- Developing proposals for a nationally significant sculpture
- Laying foundations for an international festival in 2024 celebrating the 750th Anniversary of Robert the Bruce's birth
- Market research and business planning for farm diversification including on-farm visitor activities.

## Workforce and Sector Development and Jobs – Led by CEiS

- Private and Third Sector Training customer care, local knowledge, civic pride, enterprise skills
- Engagement Strategy New approaches to community engagement to increase local involvement
- Farm Diversification Engaging with farmers and landowners, market research and business planning
- Rural Skills Entry level qualifications in e.g., brush cutter, chainsaw.

## Programme Management – Led by Community Enterprise

- Coordinating the overall programme
- Awareness raising and consultation in the wider community
- Master planning
- Evaluation
- Drafting funding applications

Please talk to these consultants when you get the chance. Your involvement will help to make the project as successful as it can be.











## **GOOD NEWS FOR NORTH CARRICK**

Stuart Lindsay, NCCBC Development Officer

#### **Charity Shop Renovations**

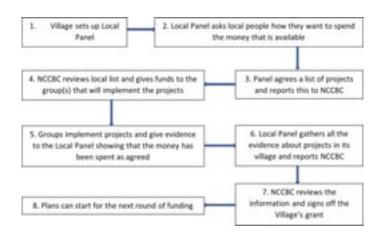
Following the closure of the Charity Shop on health and safety grounds, North Carrick Community Benefit Company received a grant from the Scottish Land Fund and bought the shop and the flat above it in February last year. Since then, we have been working with architects and other professionals to confirm the scope of the work that needs to be done and secure all the funding that is needed.

At last, the contract to repair and renovate this building has gone out to tender. NCCBC is working with the Maybole Regeneration Project to get final figures on the level of grants available from the main funding bodies, including NCCBC itself. All being well, a contract will be signed with a main contractor at the end of March.

Getting the shop and the flat back into useable condition will take time. At the end of the project, however, North Carrick will have a facility that we can be proud of.

#### **Community-led Projects Fund**

NCCBC set up this new way of funding small local projects in 2020 and allocated £5,000 to each of North Carrick's eight villages, and £10,000 to Maybole. There is no need for any match funding and the process is simple:



As with so many things, Covid caused delays in choosing which projects to implement and then more

delays in actually doing the projects in some of the villages.

Instead of causing further delays, NCCBC Directors have agreed to combine the second and third rounds of Community-led Projects Funding into a new round that will start in June this year. All projects will have to be completed and reported back to NCCBC by May 2023.

So, the process can start now to decide how to spend the £10,000 that is available to every village in North Carrick.

#### Funding for Community Facilities and **Youth Projects**

NCCBC Directors are aware of the difficulties Covid has caused local groups. Income has been lost and there have been few chances to do the fund-raising activities that many small groups rely on each year. NCCBC has created a programme to give one-off grants to several organisations in 2022. It is aimed firstly at voluntary organisations and social enterprises based in North Carrick which:

- 1. Lease or own property and/or have responsibility for the running costs of premises, usually including employing staff
- 2. Have experienced significant strain caused by the pandemic.

Because NCCBC is about to publish a Strategy for Youth in North Carrick, youth organisations are also being offered post-covid kick-start support.

NCCBC identified a list of 25 local groups spread across North Carrick. They will receive grants ranging from £1,000 up to £15,000. The Directors have also set aside another £15,000 to be able to support any groups that they may have missed out in their lists.

Contact your local NCCBC Director or Stuart Lindsay if you want to know more about any of these projects and funding streams - stuart@nccbc.org.uk Please note Stuart has a new email address above, please update your records!

Claire's new email address is claire@nccbc.org.uk

We are looking for any stories, large or small, to include within future publications.

> Please send all your stories and photographs to: newsletter@nccbc.org.uk



## CARRICK COMMUNITY FOOD GARDEN

Delivered first crop in 2021; sowing the seeds for 2022!

At the end of 2019, establishing a community fruit and vegetable garden in Maybole was just an idea. Today, the Carrick Community Food Garden (CCFG) has become a reality and, as the result of the magnificent efforts of our volunteers, partners, many other supporters and funders, in 2021 we delivered our first crop.

Covid, whilst causing major disruption, has provided an opportunity to demonstrate the significant benefits we offer food bank users and others in the local community affected by unemployment, poor physical and mental health, drug and alcohol abuse, and inadequate diet.

Today, we have just under 30 members, all of whom have contributed to our progress in some way, and an eight-strong core team of volunteers who run the garden and manage the affairs of CCFG.

Since we started, through our partnership with South Ayrshire Council's Employability and Skills team, we have supported a total of 17 young people (aged 16-19) most of whom, having worked with us, have secured apprenticeships or jobs and all have benefited from the experience.

During their time with us, team members have acquired new skills and gardening knowledge, made new friends and had fun. They have experienced working as part of a team, in a healthy and safe environment where they are treated with respect, enjoying the results of their efforts by eating vegetables they have grown.

In order to encourage more healthy and varied eating, and to enable team members to acquire cooking skills, we arranged cooking classes at the Carrick Centre, initially for a two-month trial ending before Christmas 2021. Following their success, the plan is that the classes should continue in 2022. Recognising that CCFG lacks the resources to support food bank users, we have established a partnership with RecoveryAyr which is in the process of establishing a recovery group in Maybole.

Progress has been slower than we originally hoped. This largely reflects the majority of food bank users being some of the community's most vulnerable people as well as the easy availability of drugs on the streets of Maybole over the past two years. We have

reserved an area in the garden for use by the recovery group and very much look forward to welcoming its members during 2022.

We continue to enjoy incredible support from within Maybole and the wider community. Recent examples include:

- North Carrick Community Benefit Company and Society of St Vincent de Paul each contributed 50% of the cost of a 10ft container to provide secure on-site storage. Access difficulties were overcome by JB Black who took delivery of the container and delivered to the site, having built a foundation, all free of charge.
- East Ayrshire Woodlands provided a chipper and operator to process cut branches from trees and hedges around the garden. Chippings will be used for paths in the garden.
- A group led by Coral McMillan from the Maybole Regeneration Project designed, produced and installed a sign for the garden.
- Many individuals have donated financially or in kind.

#### WE NEED MORE GARDENERS!

Now that the garden is operational, we plan to increase the harvest in 2022, working with our partners. We have started to build paths and will complete our polytunnel before planting out. We will also work on a quiet corner, including a pond, in the spring.

A key objective for 2022 is to expand our team of core volunteers, particularly gardeners prepared to do physical work. During the summer, the team was overwhelmed by the work to be done so we are keen to share the fun of what we are doing as widely as possible!

In support of this objective, we plan to step up the level of promotional activities within the community, including the use of social media, and we plan to hold an Open Day in the summer.

Meanwhile, any gardeners interest in getting involved should contact Simon Bloomfield (07771 758517) or Patsy McCallum (07484 642180).



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47 Alloway Street, Ayr KA7 1SP

Telephone: 07784 492 279

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www.carrickcrs.co.uk

## Cairn Primary School

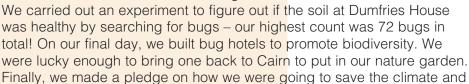
#### P5/6 visit to Dumfries House for COP-26 project

Primary 5 and 6 were lucky enough to attend Dumfries House for four days to learn about COP26 and sustainability. During our first day we listened to the author Christopher Lloyd explain why the Terra Carta is so important for climate change. Then we attended a STEM afternoon where we learned about bio-indicators. After surveying the surrounding area of Dumfries House, we concluded that we were in an area of low pollution as there was healthy lichen on the trees. On day two we learned about plants and why shopping locally saves the climate. We made our own biodegradable plant pots from newspapers and planted bean seeds take home. We also planted oak and beech seeds that will be planted on site at Dumfries House. During day three, we learned about sustainable farming.









hung it on the 'Pledge Tree'. Overall, this was an amazing experience for pupils and teachers and has inspired us to make our first steps in the fight







against climate change!



#### Primary 1 and 2 Outdoor Learning

The Primary 1 and 2 children at Cairn Primary recently enjoyed a block of Outdoor Learning days. Over the six weeks, the boys and girls learned about sustainability and our natural environment. They thought about different types of weather and how we prepare for it, looked at maths concepts, learned to co-operate and developed their gross and fine motor skills. There was lots of fun had by all!



#### Be Bright Be Seen

We took part in the ARA Road Safety 'Be Bright Be Seen Day' on Friday 26th November 2021. Pupils all wore bright clothing on the day to reinforce the importance of making themselves visible during the dark nights. There was a road safety focus in each class and on our online assembly. The Parent Council has kindly donated reflective 'Be Bright Be Seen' keyrings for each pupil to clip to their jackets or bags.

### Cairn Primary Christmas 2021

Cairn Primary School had a fantastic festive time at Christmas. There were lots of parties, games, singing and celebrations.











### **CAN Group's 'Out and About' Adventures**



On Monday 15th February, the CAN Group ventured out to Kelvingrove Art Gallery and Museum in Glasgow and had lunch at an authentic Italian restaurant. There were so many marvellous things to feast our eyes on at the museum, from the fantastic artwork and sculptures to the incredibly well-preserved animals and replica Spitfire. It was decided by all that the Kelvingrove Museum was a must see for anyone interested in museums, history, and culture. One member said that they had an absolutely fantastic time listening to all of Louis's facts about the museum's artefacts and added that this was the first time he had seen a giraffe in person, albeit stuffed. They went on to say that

they couldn't name just one thing they

liked about the trip, because it was all so great.





For more information about the CAN Group, contact

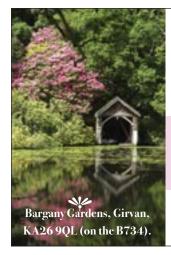




our Community Development Coordinator

david.guinn@ carrickcentre.co.uk

Louis Simpson (Carrick Centre Session Worker)





1st - 31st May : 10am - 5pm

£2.00pp (children under 16 free)

Known for azalea and rhododendron walks around pond and walled garden

1st Crosshill Guides and Rangers

In November 2021, 1st Crosshill Guides and Rangers took part in the Remembrance Service and wreathlaying at the memorial in Crosshill. We made our own poppies at our unit meeting.

The Guides and Rangers also have recently taken part in a consultation workshop with Lynda Johnstone from Community Enterprise as part of NCCBC's Youth Strategy development. The girls enjoyed this session and had lots of good ideas and opinions for Lynda and her team to consider.



January 2022 brought a few challenges with Covid, but we finally managed to have our annual "Big Fat Quiz" – always a favourite.



In February, we celebrated Chinese New Year by making our own shadow puppets and re-enacting the Chinese New Year story. The girls really enjoyed making the puppets.

February 22nd is World Thinking
Day and a special day in the
Guiding calendar. This year's
theme is "Our World, Our Equal
Future". Girls made 'Guide-Tingles'
to mark the day.



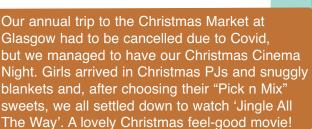


In December, we built Gingerbread Houses and decorated with icing and sweets.

Mirabel's magical

Our gingerbread village looked amazing!

On 4th December, Girlguiding had a special 'Guiding only' showing of Disney's" Encanto" at the Odeon in Ayr. Crosshill Guides, Rangers and Leaders attended, joining many other units from Ayrshire South and we all thoroughly enjoyed the show. All girls who attended received a "Mirabel's Magical Movie Screening" badge.





On 26th March, Girlguiding Ayrshire South are holding a special "All Around Ayr" event. Rainbows, Brownies, Guides and Rangers will be visiting lots of locations in and

around Ayr town centre and will take part in dancing, singing, crafts, silent disco, story-telling, circus skills, selfies etc.

Carrick District are running a bus so that Brownies, Guides and Rangers will be able to take part in this special event.



## Community Wellbeing Hub

The Community Wellbeing Hub has been very busy over the last few months. We continue to source funding from different areas, build vital links within statutory services, local third sector and community groups, promoting awareness and health and wellbeing.



March - So far... We have been working together with The Carrick Centre providing relaxation techniques, therapies, and awareness to families on Wednesday afternoons.

We attended the VASA Award Lunch to celebrate our success at receiving funding. An amazing £340,656 has been allocated across South Ayrshire to help support people's mental health who have been impacted due to Covid-19. There were 29 successful applications to the fund, and we were very fortunate to be one of them. The afternoon gave us the opportunity to network with some of these new community groups who have been awarded these funds and create awareness of what we will be providing within the hub over the next few months.

Our service will offer eight-week treatment blocks of holistic and complementary therapies, 1:1 yoga and small yoga peer group sessions. They are available to those on low income living with chronic conditions, struggling with anxiety, stress, or depression. Referrals for these sessions can be from health centres, health professionals, GPs, and community groups.

#### **January and February**

We completed the second block of the Lottery Funding six-week programme for young people and their families. During these sessions, we created vision boards, amazing meditative artwork, and blended aromatherapy fragrances. We practised yoga, mindfulness and took part in sound and beaded therapy. We also tried out some healthy smoothies and enjoyed the end of block celebratory meal. We also provided holistic therapies, treatments, and relaxation for parents. We have also worked





together with Aoife's Sensory Bus and The Girvan Youth Trust.

#### **Fundraising**

The New Cumnock Spiritualist Church helped us to raise funds recently with Amanda Muirhead, a Body Shop Consultant, providing a raffle and Ruth from the hub providing a 'yogathon' of 54 rounds of the sun salutations. This event will run monthly on Zoom to help

promote wellbeing and raise money for the hub. This month we will be live at The Carrick Centre if you wish to join us on Thursday 31st March 6.30-8.00pm.

#### **Future projects**

We receive many requests from the community asking for sessions for help with younger children. We hope to have funding to support younger children in primary schools soon. We are looking forward to more collaborative working

in March with Maidens community, North Ayrshire, and other local community groups. In April, we will be running wellbeing sessions during the Easter holidays watch our Facebook page for updates (Community Wellbeing Hub).

Lastly, we would like to thank our volunteers who have assisted giving taster sessions and generally helping promote wellbeing at the hub. We appreciate them so much.

Onwards and upwards!

Much love, Anya and Ruth.

## Maybole Bypass ope

Monday 31st January, 2022 was a massive day in the history of Maybole. It was also an emotional day. There was happiness for many - it was a dream come true after all - but also a sad day because the late Peter Mason wasn't there to see it. Peter chaired the community council's Bypass Committee for over 20 years and it was a touching moment when his wife, Senga, was asked to cut the ribbon to open the bypass.

Happiness for many

That committee did great work lobbying for a bypass; there was a petition signed by over 3,000 people; marches on the High Street, even a sit-down by some activists; leaflets; a logo competition; visits to Holyrood; and visits to the town by Transport Ministers.

The street was dangerous, people were frightened at times and felt as if they were taking their life in their hands whenever they walked on it. It was built centuries ago; Robert Burns' parents met at a fair on Maybole High Street in 1756 before marrying in a local church the following year. That was over 250 years ago!





Rabbie himself stayed with friends on the High Street and had a drink in the King's Arms, a local hotel across the road which was where horses and coaches arrived.

Last century, conditions got worse; excess traffic, congestion, air pollution (not helped by the tall buildings), narrow pavements were all a hazard as people were hit by vehicle mirrors, lorries touching and some even going on to the narrow pavements to pass. The case was compelling, and conditions were made worse as lorries got heavier and safety concerns increased.

Shops were closing and tourism was restricted. The town is steeped in history dating back to at least 1193. Maybole is the ancient Capital of Carrick and Robert the Bruce, Earl of Carrick, was born at Turnberry in 1274 and would have known the town. The community council and the Bypass Committee worked hard to make the case for a bypass non-political. It attracted cross-party support from the four main parties at Holyrood, all of whom visited to discuss the way

forward and how they could help. With the support of the Scottish Government, MPs, MSPs, local authorities and successive councillors, local residents, businesses, travellers and visitors, the bypass is now open.



Wills Bros have done great work in the face of recent restrictions due to Covid and we thank them in their 50th anniversary year.

A bypass had been promised several times, the last being a scheduled start in 1991/2. Thirty years later, the town has its bypass thanks to the work and support of many people.

Hopefully, Maybole will prosper, its people will be safer, healthier and will enjoy the High Street again.

On the day, Transport Minister Jenny Gilruth invited Senga Mason to cut a ribbon to open the new bypass before members of the community and local campaigners had the opportunity to be the first to experience the new road.

## ned 2022

Ms Gilruth said, "I am delighted to be able to open this new additional £29 million bypass for Maybole. The local community can now look forward to improved air quality and road safety, making the town centre a safer and more pleasant place to live and work. This new section of the A77 will also provide better journey time reliability for motorists and businesses accessing Scotland's main port at Cairnryan.

"During construction, the local community benefited from opportunities created for small and medium enterprises to bid for subcontractor roles and the provision of six modern apprenticeship and five graduate site-based training opportunities. The project employed up to 165 people during the months of peak construction activity.

"I would like to pass on my gratitude to the contractor for their work in constructing the new road. As we've seen today, it will serve every member of the community with a road fit for the 21st century."



1aybole



John Stephens, Project Manager, Wills Bros Civil Engineering Ltd said, "Nearly three years since our Sod Cutting Ceremony in May 2019, I can now confirm that we have successfully completed and opened the A77 Maybole Bypass.

"Will Bros would like to put on record our thanks to all the staff and subcontractors who participated in the construction of the bypass and worked extremely hard to overcome the various challenges to achieve completion of the project.

"We are also grateful to the local community of Maybole for their patience and continuing support during the construction phase of the project and we hope the A77 Maybole Bypass will provide a positive impact for road users and residents of Maybole and surrounding areas."



## **Fisherton Primary School**

#### **Christmas at Fisherton**

The pupils at Fisherton Primary School had a great time planning and performing their Christmas show 'A Climate Christmas', which they recorded and sent out to families to spread some cheer and happiness! There was a great deal of learning involved in this whole school project - creating characters, script writing, drama, singing, performing, and editing as well as making scenery! They did it all!!

We all had a great time at our class Christmas parties and enjoyed a delicious Christmas Lunch!





the school about road safety. PC McGinlay came to visit us to talk to

us about staying safe near the roads. We loved getting to explore the police car and putting on the siren! We all take part in regular walks in our local area, so we have a lot of opportunities to practise crossing the road safely. We always wear our high visibility vests when out and about!





#### **Outdoor Adventures** The Wee Class and the EYC spent the day clearing up litter around our local community. We managed to collect three full bags! We really enjoyed this and aim to do this every term. We also learned about fire safety



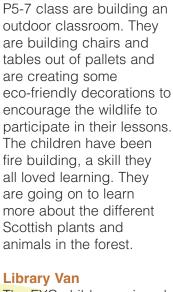












Throughout forestry schools this term, the

The EYC children enjoyed visiting the library van this term and spent time looking through all the books on offer and were delighted to be able to take one home.

#### **Big Class News Author Visit**

The Big Class were very lucky to have a visit from

the amazing local children's author, Lindsay Littleson. She shared her own personal story about how she became an author, discussed her love for books and even supported the children whilst they were making their own stories. She read her own story 'Secrets of The Last Merfolk' which is

based in our school village, Dunure. The children all loved meeting her and we are very thankful that she gave up her time to visit us.

Since returning from the Christmas break, the Big

Class at Fisherton have been exploring the concepts of culture and heritage. They have been tuning in to different areas of Scottish culture, such as golf, weaving, map-making and castle building. The children are enjoying learning some Scots and Scottish Gaelic through learning their poems for the annual competition.

They have loved reading the 'Wee Broons' comic books and learning about the history of Scotland. They are working hard to organise a Scotland-themed day for the school day, including creating and making the menu for the day, writing Scottish-themed story books for the younger children at the school and designing a Fisherton Highland Games sports day.

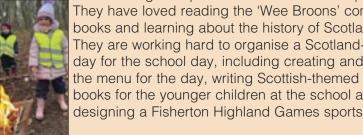












outdoors when toasting marshmallows.

## **Kirkmichael Village History Group**

Kirkmichael History Group has been busy as always.

We had the official opening of our Corner in McCosh Hall. Despite Covid-19 restrictions, this event was a great success, and it gave visitors a chance to see our resources. The



event was opened by May Gardiner who has lived and worked in the village for a long time.

We have put on displays of the famous Kirkmichael Guitar Festival which took place in the 90s. There was also a display of the School Through Time.

Our most ambitious event was a Remembrance weekend. Friday night was a tribute to the brave submariners' daring raid called 'Operation Source WW2'. One of these men was Commander J Lorimer DSO who lived in the village till his death in December 2019. There was a script put together by Veronica Bilson and Isi Nimmo interspersed with news clips.

The Saturday night had a mixture of poems, stories, music of local stories and even ration bags!



A great event presented by many villagers and produced by Isi and Veronica again.

As a result of funding from the Community Recovery Fund, we were able to set up a drop-In afternoon on



Tuesdays from 1.30 till 3.30pm to allow locals to access our resources in 'The Corner', to provide more information on a variety of topics, or just chat!





Our next displays will be 'The Church' – around June time, and 'Farming' – around Sept/Oct. Any information, stories and photos will be very welcome.

We have been liaising with the newly formed Carrick History Society and have been supported by many villagers, but WE DO NEED MORE HELP with our group's research, displays, and day-to-day organisation.

Contact details: Noreen Lyon - 07815197748 Veronica Bilson - 07984142111 kmvchistoryproject@outlook.com

### **High Living Community Update**

Unfortunately, as the pandemic tortured us once more this year, the residents of High Living never got their annual Christmas Party in 2021. So, during the year I organised raffles to raise money to put towards events for the kids. We had a Fun Day back in August with bouncy castles, music, games, the mascot 'Chicken' who kept the kids happy and a bouncy slide. We also had a surfing board for 'who could stay on the longest', a buffet, and music which everyone enjoyed, especially the adults. Then, we

had The Grinch out delivering Advent calendars for the children in the scheme, even those in isolation still received one via doorstep drop-off. We saw a lot of strangers in the passing and made their day! Then The Grinch made his last appearance on Christmas Eve with Christmas packs! It's been a tough year for everyone, but with these events the kids didn't lose out on much. I'm glad I can make children smile in these horrible times. Plenty to happen in 2022!









## **MOF's Hogmanay Raffle - PRIZE WINNERS**

The draw would have been at Goudie's and would have been drawn by a random Goudie's customer. Unfortunately due to Goudie's having to cancel the Hogmanay event and close due to new Covid restrictions, the raffle was drawn at the SPAR.

To have the draw on Hogmanay as was advertised, Brian Connolly very kindly agreed at short notice to draw the raffle at the SPAR at 1pm on Friday 31st December.

An e-mail was sent out to members and a notice was posted on Facebook asking if anyone wished to witness the draw, they would need to be there for 1pm sharp.

1st Prize of £200.00 – winner Hazel Thomson 2nd Prize of £100.00 – winner Rae Cotton 3rd Prizes of £50.00 – winner Myra Bell

The winners were notified on Friday 31st December 2021 by telephone. The draw was recorded for auditing purposes. All profits, after expenses, from the raffle will be paid into the MOF's account to go towards activities and outings for the members and groups.

Please contact MOF's committee 07961 833 401 or email: admin@mayboleover50s.org
See our website www.mayboleover50s.org

## VASA - Community groups scoop share of £340,000

Thirty-one community groups from all over South Ayrshire have landed a share of a £340,000 funding pot.

The successful applicants for the Communities Mental Health and Wellbeing Fund were announced this week at a celebration event in the Horizon Hotel, Ayr. The fund from the Scottish Government aims to help local projects address the impact of distress and mental ill health caused by social isolation and loneliness.

South Ayrshire was allocated £340,656 and Voluntary Action South Ayrshire (VASA) were entrusted to distribute the cash locally.

Marie Oliver, VASA's Chief Executive Officer, said: "The projects that all these groups have set out in their funding bids will make a real difference to the lives of so many people in their local communities. Well done to them all!"

After weeks of deliberation, a decision panel made up of representatives from the voluntary sector, South Ayrshire Council, NHS Ayrshire and Arran, the



Health and Social Care Partnership as well as people with experience of living with mental health issues selected 31 organisations to receive a grant.



The money will fund a wide range of different initiatives in towns and villages throughout South Ayrshire. These include several organisations in North Carrick, including Carrick Rugby Football Club, Community Wellbeing Hub CIC, Kirkmichael Village Renaissance and Maidens Community Association.

## **NORTH CARRICK COMMUNITY NEWSLETTER**

view all past issues of the newletter at: nccbc.org.uk/newsletters/

### **MAYBOLE OVER 50s**

#### **New Group!**

We have a new group, thanks to funding from South Ayrshire Heath & Social Care Partnership. We now have a **Chair Yoga Class** every other Tuesday Morning. The next chair yoga class will be 5th April.

#### MOF's Bingo

MOFs Bingo is on alternate Tuesday afternoons in Goudie's Boot Room from 1pm. If you would like to join us our next games are on Tuesday 29th March and Tuesday 12th April.

#### **MOF's Annual General Meeting 2022**

AGM will be at Goudie's on Thursday 28th April at 1pm – Membership Fees are £12.00 per member per

annum and will be due at the AGM. Membership cards will be available to collect on the day. Tea and coffee will be available.

#### Committee

Martin announced he will be standing down as Chairman at the AGM but is willing, if required, to continue as a committee member. Stella has decided to step down from the committee at the AGM. The rest of the current committee are willing to stand again, if required.

#### **New Committee Members required**

We need a new chairman, a new secretary and up to four others to join the committee. Please think about of joining the Committee.

Why not come along to a committee meeting and see how we work, and if you could enjoy being a member!

## NCCBC looking for new members!

Maybole and North Carrick Residents!

Why not get involved?

Become a member of NCCBC.

Join NCCBC and have your say on future improvements to your area!

Join online at www.nccbc.org.uk



around £300,000 available to spend on

improvements in North Carrick each year



## The Carrick Centre - Quilting Group

LUCKY WINNER OF FABULOUS QUILT IN CARRICK CENTRE RAFFLE!

The Carrick Centre put the beautiful hand-made quilt - adorned with Christmas Reindeers in calico round the rim - up for raffle. All the entrants had to do was join the Carrick Centre's 'Friends' scheme for £15 - receiving two free coffees a month for a year, plus the chance to win the quilt.

Winner, Letitia Leishman, is delighted with her new quilt. She said, "The quilt is now on my bed. I was going to put it away for Christmas - but my husband liked it so much he wouldn't let me!" Letitia, who has just recently moved to Maybole, said she loved coming into the centre, to feel part of the community and to find out what was going on.

Carrick Centre Friends scheme organiser Susan Paton said, "We are so pleased to have such a worthy winner, who is new to the town and uses the centre a lot." Quilt creator Patricia Denholm explained, "I had seen the design and wanted to make it. I was delighted with the result and thought it would be nice to give it to the centre - which like so many must have had its funds affected by COVID-19."

She said the quilt was professionally finished and had inspired others in Patricia's patchwork group at The Carrick Centre to make their own versions. Visitors to the centre can enjoy not only the fresh coffee and delicious home baking in its café but see the group's other donated quilts hung on its walls.

Anyone interested in joining the centre's Friends scheme can do so online by going to: www.carrickcentre.co.uk and following the link to join online or by dropping into the centre and fill in the Friends leaflet. The scheme has further benefits which include an invitation to special events, weekly emailed newsletters, and promotional offers.



Pictured with the quilt are: left to right Friends of the Carrick Centre's Jean Clarke, Patricia Denholm, quilt winner Letitia Leishman and Susan Paton.

## **Straiton News**

**Straiton Development Group** held a survey to find out the priorities of the members of the community. Subsequently, they held a meeting with representatives of organisations within the village to pass on the results. This was followed by an open afternoon for all and a chance for questions to be answered.

The priorities identified were: buying and running The Black Bull; improving paths, and events. Three evenings for those interested in helping with these items were planned but had to be postponed because of restrictions being reintroduced in January. Since the restrictions were lifted there has been a further meeting on planning celebrations for Queen's Platinum Jubilee. A beacon to be lit on 2nd June and a 'Community Picnic' on 5th June are two of the ideas being discussed.

The McCandlish Hall Committee came up with a novel idea for raising money, using the 24 days of Advent as the theme. The windows were decorated as Advent calendars and villagers rushed to buy the limited number of tickets available. The draw was held on 17th December to coincide with Santa's visit to the village.

Following the reopening of village halls again, the badminton club has managed to resume, and bowling has also restarted.

The Guild meeting in November featured a quiz composed and conducted very ably by Dennis Nutt and Georgie Watson proved to be the expert on all things Scottish, winning by a clear margin.

The AGM was held in December. Afternoon tea, provided by Mary's Marvellous Munchables, was enjoyed by all before the business part of the afternoon. Unfortunately, there was no January meeting because of the restrictions then in place, but we returned in February when the speaker was Glen Heggs who told about his experiences with beekeeping and production of honey.

Gerald Jones, our minister, continues to send out a weekly message to all. These messages are available on the church website: www.straitonchurchayr.co.uk, where they are accompanied by apt and beautiful photos.

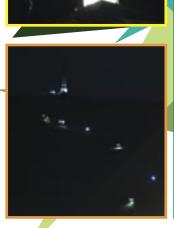
The shoebox appeal was again very successful and approximately 180 boxes went from Straiton and Kirkmichael to bring cheer and love to those in need. It is always amazing to think that these little acts of kindness can give so much joy and pleasure to the recipients.

Straiton Stores had its own nativity scene set up in the "stable" (Oops!) shed, and it brought many admiring comments. not least for the artwork which set the scene beautifully. The window was resplendent with hampers, and these proved, again, to be popular gifts. Then there was the Christmas tree, kindly gifted by a local family, which managed to survive being blown over on more than one occasion by some of the fierce winds prevalent at that time.

In January, the **Doon** Valley Walking Group made a torchlight procession up Craigengower Hill and lit up the monument. Such a glorious sight it was, too. First, there were single little pinpricks of light then it became a moving ribbon of light as they progressed up the hill. Luckily, it was a dry night for their venture even if there was a cold wind but, after all, it was January!









#### Maybole Community Council

## Scrolls of Appreciation

In 1999, Maybole Community Council launched the presentation of scrolls to honour residents for their contribution to life in the town. Nominations are made by the community and judged by an independent panel. Scrolls are only awarded once to a person and to date over 85 people have been recognised. The scrolls are awarded every five years but due to the pandemic it is seven years since the last presentation. This year the Community Council have decided to add groups to the award as it is felt that over the last two years there are many teams who have made a huge difference during the pandemic, and they should not be forgotten.

Paterson, Rich Pettit, Nell Samson, Frances Strachan, Christopher Jackson, Margaret Kenny, William Kenny, Roger Martin, Agnes McCreadie, Janetta Rodger, Isobel Seymour, Dennis Ward, Sally Anderson,

Lesley Grant, Craig McNair, Alex Gemmell, Alex Lothian, Elizabeth McCrindle, Fr Stephen MGrattan, William Milligan, Ian Paterson, Hugh Simpson, Hugh Anderson,

Elaine Campbell, Danielle Connolly, Marjory Donnachie, Gillian Durrant, Minnie Gallacher, David Hunter, David Killicoat, Estella McEwan, Lillias McFarlane, Heather Muir, Ali Roy, Susan Whiteman, Archie Wotherspoon, Sharron Boughen, Jack Boyd, Mandy Campbell, Kayleigh Haggo, Mollie Garrie, Marion Kerr, William McCubbin, Nancy MacGregor, Zak Roy, Helen Sloan and Ian Sloan.

To nominate someone, or a group, everyone needs to complete a nomination form.

Forms will be available on the Facebook group 'Maybole, Ayrshire', in Goudie's, the Maybole SPAR Shop and at The Carrick Centre. There are many people who need to be recognised whether it be for community activities, sporting achievement or something which you feel has made a difference to our community.

Closing date for nominations is 30th April 2022 and the date of the presentation will be announced in due course.





NorthCarrick.com is our information and tourism website for Maybole and North Carrick, here to support our area to grow and thrive!

camp sites and lodges!

We offer free listings in our directory to all local businesses and community organisations.

Not signed up yet?

Sign up now to have your business listed before the Spring season!

Visit: https://join.northcarrick.com



### Gardenrose

Gardenrose Early Years Centre's two-year-olds have enjoyed learning to bake with Pam Hepburn, the Chef Tutor from The Carrick Centre training kitchen. They have been learning new skills including chopping, rolling, mixing and measuring whilst also learning about different types of foods. So far, we have made pizzas, scones, biscuits, and a fruit salad, we are looking forward to seeing what else we are going to make.

### **Crosshill Community Association**

The photo below shows the beautiful new Christmas lights which were purchased via a grant from South Ayrshire Council by the Crosshill Community Council. We all absolutely love them all.



#### **Murmurations in Crosshill**

Many of us will have seen large flocks of Starlings forming into mesmerising shapes just prior to them heading into roost. For many years, in the 1970s, there used be a large murmuration of at least 12,000 birds at Heart Loch, near Maybole. Well, we have our very own spectacle just now in Crosshill. This involves a group of about 500 birds which start to form around 4.30pm, wheeling around the village and acting as an indicator for other birds flying in to join them, before settling into roost in trees near the War Memorial around 5.00pm. They've been fairly regular for about three weeks now, but will move off, back to their continental mainland breeding grounds as Spring comes round. Well worth a look if you're outside at this time!

#### **Crosshill SWI**

8th February was the best meeting of the season for Crosshill SWI. It showed "the Rural" at its best – the combination of an excellent demonstrator, superb food and time for a good blether. And, after demolishing those kebabs, no one needed to make their tea that day. Full marks go to Lindsay Guidi of

the Home Cook School and to Maybole Co-op for supporting us with a small grant.











Above right: A very happy boy with his letter from Santa after posting his letter in the special post box in the Crosshill Post Office!





## Crosshill

The children at Crosshill Early Years embarked on a mission to find dinosaurs in their Early Years Garden and around their local area, after several sightings and after discovering a HUGE DINOSAUR FOOTPRINT in the mud! The children used iPads to assist them on their mission. They explored different methods of technology through their play experiences. They also used iPads within the indoor and outdoor environment to take photographs and video footage of their mission. We found DINOSAURS, a dinosaur nest with eggs, and footprints too. We used our team-working skills to work together to build a dinosaur trap and a dinosaur den for us to hide in. Come and visit us ... if you dare!







## Crosshill Primary School's Class 1

Pupils have been busy learning about Scotland this January. We studied Scottish legends, myths and customs including some Scottish poets, the Loch Ness Monster and thatching. We made our own models of some Scottish landmarks including Edinburgh Castle and Robert Burns' Cottage, which we made from clay and straw. Also, we became reporters, writing newspaper articles on Nessie sightings! We also learned about how people used to live in castles, including what they wore and what they ate.



We have started a new after-school club at Crosshill Primary School called 'Creativity Club'. Over the next few weeks, we will explore outdoor learning activities, science experiments, arts and crafts, construction, and much more! At Crosshill, we enjoy being creative and we love getting together and playing with our friends.







24 HOUR EMERGENCY SERVICE 67 HIGH ST, MAYBOLE, AYRSHIRE, KA19 7AB

WWW.ROBERTSONANDORR.CO.UK

### South Ayrshire Community Transport - North Carrick E-Bike Project

South Ayrshire Community Transport (SACT) have received funding from Energy Trust Scotland and North Carrick Community Benefit Company to set up a pilot North Carrick E-Bike project. The funding will be used to buy 12 E-Bikes and associated safety equipment and will be based at The Carrick Centre.

The aim of the pilot is to encourage more environmentally sustainable local transport for residents and visitors of the North Carrick area. Environmental benefits include lower emissions and reduced noise pollution, accompanied by the significant physical and health benefits of cycling and being outdoors.

E-Bikes represent assisted cycling (especially on the hills), and there is a huge amount of research to demonstrate the physical benefits for all participants. E-Bikes open up cycling and physical activity to individuals who, due to conditions such as arthritis, heart and lung conditions and injury, are unable to cope with a standard bicycle, and those with additional support needs who find difficulty in using public transport.

SACT are in the final stages of setting up the project which we hope to start in April, however in the meantime if you require further please free to contact **John Reid** on **01292 27086** or at **john@sacommunitytransport.org** 

### **Calling all Local Contractors!**

Are you interested in the upcoming work opportunities in Maybole?

Grants are available to business owners to make shopfront improvements including masonry repairs, repair/replacement of timber windows and doors, timber signage and decoration including sign writing. If you would like to be added to our database of contractors then please forward your details to mayboleregeneration@south-ayrshire.gov.uk

This database will be made available to business owners who are planning to carry out shopfront improvements.



Registering does not guarantee work nor does it indicate that SAC approves of any contractor who registers

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- Support for smokers and e-cigarette users.
- · Support at your local pharmacy.
- Free helpline runs 9am-4.30pm, Monday-Friday. Just call 0800 783 9132 (answer machine available out with these hours).



Contact us:

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Free, local support to quit in the way that works for you.



Walking Football has become increasingly popular in recent years. It's exactly what it sounds like; a standard game of football, where players walk instead of run. It's designed to help people get fit or maintain an active lifestyle as well as support people getting back into football if they have given it up due to age or injury. Older people who play have seen many benefits including lower heart rate, blood pressure, less fat, more muscle, and better mobility. As well as improving physical health it can help with mental health, too, through meeting new people, renewing old friendships, avoiding social isolation by interacting with other people and small groups.

Maybole Carrick Walking Football meet on a Monday night at Carrick Academy from 6pm to 7pm. It is open to all over 50 years of age. Should you choose to, you can play in competitive league or football festivals. Attending this group is good for morale and mental health and the camaraderie amongst the men in the group is beneficial. Here are just a few quotes from some of the team - "Never been involved with a group of guys with so much respect and pride in each other.", "I always enjoy games at Maybole.", "Great facility at Maybole and a great bunch of guys."

The Walking Football have grown from 10 participants in the early days to 26 to 30 every Monday night, but there's always room for more.

#### For more information email jimjpaterson@aol.com











### **Maybole Arms**

Everyone had a great time at the Maybole Arms Christmas Party.



Send all articles to our new email address newsletter@nccbc.org.uk



#### KIRKOSWALD PARISH CHURCH

#### **Christmas Fayre**

Kirkoswald Parish Church Christmas Fayre was held on the last Saturday in November. The weather was kind and there was a steady footfall of customers looking for that special gift to be found at one of the many stalls. Tea was served (socially distanced of course!) and the overall fundraising total was £673 – this is greatly appreciated by the congregation. Sincere thanks are due to our donors, and the volunteers on the day for making it all possible.

#### Guild

The January meeting of the Guild was cancelled, so the first meeting of 2022 was held on Wednesday 9th February in the Maidens Hall. Allan Jack gave a very interesting talk and slide show of his travels in the Middle East - we were treated to a trip round Petra and places in Saudi Arabia that Lawrence of Arabia would be familiar with. The next meeting of the Guild was on Wednesday 9th March in Maidens Hall at 1.30pm. A Daffodil Tea will take place on Wednesday 13th April in Kirkoswald Church Hall at 1.30pm – please put this date in your diary and bring along your friends.

#### **Platinum Jubilee Celebrations**

A social evening will be held on Thursday 2nd June in Kirkoswald Church hall at 7.30pm – all will be made welcome! As part of nationwide celebrations, the church bells will ring at 9.30pm and a beacon will be lit. Do you have photographs of the Coronation Day in the parish, or of any of the other jubilee days? If so, it would be great to have these on display in the hall at the Platinum Jubilee Celebrations. Please contact Elizabeth Veitch (01465 714966) if you have any photographs.

#### **Lunch Club**

Now that the Covid restrictions have been relaxed. the Kirkoswald Lunch Club will restart on Wednesday 6th April at 12.00 noon. The Lunch Club is held in the church hall (just opposite the church) and normally meets on the first Wednesday of each month - apart from January due to the Christmas and New Year holidays. The hall was renovated in 2018 and is a very pleasant place to be. Please come along and join us from 12 noon till 2pm and enjoy a delicious lunch. On the menu are three choices of homemade soup, hot and cold filled rolls and to finish off there are lovely puddings to choose from, tea and coffee also served. Come along and join us for lunch - everyone is welcome! All volunteers who serve food are Food and Hygiene qualified. For further information, please contact Linda Stroud (07788 810062).

#### **Book Club**

The January meeting of The Book Club took place on Monday 31st January. The next meeting took place on Monday 28th February from 2.00 - 3.30pm in the church. Future meetings will take place on the last Monday of each month. A warm invitation is extended to new members to the group.

#### **Friendship Group**

The Friendship Group continues to meet in the church on the third Friday of each month from 2.00-3.30pm. The next meeting of the group was on Friday 18th February where there was a presentation on the work of Whiteleys Retreat – a haven for children and young adults with life limiting illnesses. The March meeting was scheduled as we went to print for Friday 18th March with a presentation about 'Abba's Rest' – an orphan charity in Malawi. At the meeting on 15th April, inspirational local author, Lorraine Johnston, will speak of her life – before a life-changing event and after, as a successful children's writer. Future meetings will include floral art demonstration, a fashion show and a variety of other topics. At each meeting there is tea, coffee and home baking.

#### **Foodbank**

On Saturday 19th February, we started our fortnightly collections for the South Ayrshire Foodbank. Donations were brought along to the church between 11.00am and 12.00 noon. Seonaid Fulton had kindly volunteered to be a drop-off point – she brought all donations along to the church. We still urgently need items including: 750 ML diluting juice, tinned potatoes, tinned vegetables, UHT milk (1 litre), tinned hot meals (stew, mince, chilli, bolognese), tinned rice pudding and small jars of coffee

All are welcome to join us at any of our activities. For further information, please contact:

Rev. Dr. David Hume, Locum Minister (07858 966367) Elspeth Carter, Session Clerk (07999 852756) Elizabeth Veitch, Session Clerk (01465 714966)



#### **Dates For Your Diary (ALL WELCOME!)**

Weekly at 11.15am Sunday 3rd April Wednesday 6th April Wednesday 13th April Sunday 17th April

Sunday Worship

Tea after the service in the church hall Kirkoswald Lunch Club, hall at 12.00 noon Guild Daffodil Tea, Church hall at 1.30pm Easter Sunday and Communion Service – 11.15am

11.15am

Sunday 1st May Wednesday 3rd May Wednesday 1st June Sunday 5th June Tea after the service in the church hall Kirkoswald Lunch Club, hall, 12.00 noon Kirkoswald Lunch Club, hall, 12.00 noon Tea after the service in the church hall

### **MAIDENS PRIMARY SCHOOL**

#### **Rights Respecting School Update**

Articles 24 and 31: Every child has the right to a healthy lifestyle and to play and relax. Thanks to the above organisations (see logos), a new bike and scooter shelter have been installed in the playground. This has encouraged more children to cycle and scoot to school rather



than being driven by car which not only benefits their health but reduces car emissions.

Article 28: Every child has the right to an education and Article 24: The right to the best possible health and encourage recycling from richer countries to poorer countries. Did you know that more than 59 million children of primary age are still not in education across the world?

We recently held a SHOESHARE event in partnership with UNICEF and Clarks whereby parents/carers

donated 64 pairs of unwanted and/or old, worn shoes. These will be sold or recycled, and the money used to help children in other countries to attend school. Many thanks to all who contributed.



SHOE SHALL

#### P 6/7 News : Tree Planting

In November, the class were invited to plant a hedgerow of saplings along the side of the Turnberry



airstrip. Mr Caldwell, who is a parent of children who attend Maidens Primary, and his assistants taught us how to measure out the correct distance between plants, how to dig the hole correctly and then how to plant the sapling carefully and safely. We all worked very hard in

our teams, but we had lots of fun and were all satisfied when we looked back at the long length of little trees that we helped to plant, knowing that each year in the future, we will see a difference in their growth.



Samba We all thoroughly enjoyed our five weeks of Samba tuition with Tracy Nelson from the YMI (Youth Music Initiative) programme and learned the names of the different samba instruments such as the Surdo, Repinique and Kaisha drums. Each section had different solos to play, and we made a lot of noise! We were quite impressed with our rhythm skills and most importantly had lots of fun!

#### **Bikeability**

Despite all the Covid restrictions, Primary 7 pupils were still able to participate in the Bikeability programme. They were all proud to



pass and gain their certificates.

#### **Christmas Parties**

Primaries 1, 2 and 3 put on their party clothes, played games and danced the afternoon away!

#### Early Years : Life's a beach...



During a recent learning adventure to Maidens beach, children were rock pooling using nets and buckets to catch sea creatures and investigate different types of seaweed. There was great

excitement when one of the children found a whelk and they were all eager to know more about this marine mollusc.



#### P 4/5 News...

What a fabulous time we had

last term, learning new songs and thinking of creative ways to raise funds for our school. We took part in an online Christmas Concert and held an online Christmas Fair and we are so thankful to those in the local community who offered support by donating raffle prizes. If you would like to help us with funds

to encourage our learning. please get in touch. especially if it will enrich our learning experiences. Here is a picture of us all enjoying each other's company during our Christmas dinner, albeit socially distanced.







## St Cuthbert's PS



Thankfully, Christmas 2021 allowed for a little more normality. The pupils and staff of St Cuthbert's Primary School were delighted to be able to, once again, entertain the residents at Crosne Street and Faireknowe. They thoroughly enjoyed singing in the fresh air, whilst the residents watched and listened from a distance!

Due to Covid restrictions, our Christmas productions were a little different. We were so fortunate to have The Iris Ayr work with us to produce our very own production

'The Three Wise Weans' and the P1/2/3 class put on a wonderful Nativity.

Well done to Emmaline who won the Maybole Regeneration Christmas Card Competition, Noah for winning the QMA Climate Competition and to Megan for winning the 2022 Energy Agency Calendar.

Congratulations to our Burns Poetry Recital Competition Winners and to Fr Benjamin for helping to judge. A Burns Supper was to follow and some tried haggis and Irn Bru for the first time!

As always, we were very proud and honoured to take part in Remembrance and the Holocaust Memorial Service, where we laid a cross alongside fellow members of the Maybole Community.

We really enjoyed raising money for Children in Need....a fun day was had!

















## The Carrick Centre - Youth Development

The Carrick Centre's Youth Zone is back in full swing following the festive period.

Claire said, "I'm Claire, the Youth Development Coordinator here at The Carrick Centre, and I've been working hard to engage with young people of all ages. I'd love to give you all an insight into some of the new and exciting things happening over the next few weeks.

"Our youth group for P3 – P7 runs every Sunday night from 6:30pm-8pm. This year, following feedback from young people we are running a different theme every week. These include Harry Potter, Robert Burns, "No Name Calling" and Opposite Day. We aim to make these groups fun and interactive to involve as many children as possible across the whole of North Carrick.

"Detached Streetwork is one of our newest projects. This project will involve us meeting young people on their own patch where they feel safe. Our job is to establish and develop a relationship with young people hanging around the streets predominately on Friday nights. The primary aim of this work is to engage with, inform and empower young people to deter them from crime or anti-social behaviour. Look out for Louis and I walking the streets near you soon!

"Our Youth team are also working closely with North East Carrick to establish a Youth Group within the villages of Minishant, Crosshill,



Kirkmichael and Straiton. The first event was a terrific success with over 30 young people getting involved at the McCosh Hall in Kirkmichael. This type of partnership working also creates a secure foundation for us to maximise the engagement levels throughout the whole of North Carrick.

"Going forward I see the levels of engagement rising as we build relationships and provide sessions and activities the children are asking for. The type of Youth Work I aim to provide is entirely youth-led allowing all children and young people to have their say and feel involved. It is important our young people feel valued as members of the community and our youth team are here to break down barriers and support in any way we can."

• Claire Guthrie, Youth Coordinator To book our youth group or for any other enquiries please contact claire.guthrie@carrickcentre.co.uk



Copies of the North Carrick **Community Newsletter** are available in:

**Crosshill:** Village Shop Kirkmichael: Village Shop Straiton: Village Shop Minishant: Minishant Stores Maidens: Little K's Kitchen and Ropes

Maybole: Goudies, The Carrick Centre, Library, Co-op, Spar Kirkoswald: Souters, Saks & Hart. Kirkland Garden Centre and Post Office Turnberry: Balkenna Tearoom and Dowhill Farm Shop **Dunure/Fisherton:** Coffee Shop and Aruna Arts & Gifts





## Carrick Seniors Lunch Club's back

Jim McDermott tells us, "We're up and running! The lunch club is back and will now meet on the first Friday of each month at The Carrick Centre - and there's transport available too."

He added, "Contact The Carrick Centre on **01655 88322** for more information and SACT on **01292 270864** for Transport."



Jim Paterson (Driver on SACT Buses) and Mary Waugh



Jean Dunn, Jim Buchanan and Jean Tierney



Jim McDermott, Eileen Hamilton and Liz Kerrigan



Margaret Harvey, Frances Clark and Ruth Mundell



Ellen Hawkes, Elspeth Kidd and Jeanette Paterson

## The Carrick Centre Man Cave

The Carrick Centre Man Cave launched on Monday 21st February 2022 and runs every Monday night from 6pm to 9pm. The group is for men aged between 25 and 60 and provides a supportive space for men to get together, socialise and make



friends. The service is free and provides a supper meal as well as a range of activities including board games, pool, darts, table football and table tennis. The group also offers cooking lessons, employment counselling and advice, and a range of indoor sports. The subjects covered with be directed by the needs of the group members.

If you are a man aged 25-60 and looking for something to do on a Monday night, this might be the group for you. We are currently recruiting so If you would like to join the group please contact David Quinn at The Carrick Centre, contact details below:

David.quinn@carrickcentre.co.uk Call - 01655 883222

Or drop into The Carrick Centre, Culzean Rd, Maybole KA19 7DE and register for the group at the front desk.



## **North East Carrick Youth Group**

"Young people wanted; more opportunities to connect with young people from other areas, more clubs, more activities, and to visit and invite other young people to and from their home villages."

[Crosshill, Kirkmichael & Straiton 2019-2024 North Carrick Community Action Plans]

Kirkmichael Kids and Community Group is a volunteer group who have been looking to start a cross-village youth club for a few years now, but the pandemic had shelved the plan. We were therefore very excited to get the opportunity to start the 'North East Carrick Youth Group' in partnership with The Carrick Centre's 'Youth Connect Project'. As part of a larger bid for the North Carrick community, we worked with the centre to secure a grant from the Scottish Government's Communities Recovery Fund. This enabled us to set up and start the group at the end of last year.

Four villages are involved: Crosshill, Kirkmichael, Minishant and Straiton. It is great















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for the young people from these four small communities to mix, play and learn together and build friendships that will help them develop at secondary school and beyond. Thirty to forty young people come along each week on a Thursday night to the McCosh Hall, Kirkmichael, with transport arranged to and from the other villages via South Ayrshire Community Transport minibuses. They enjoy a wide range of activities, from traditional things like table tennis and pool, more physical pursuits, crafts, computer games and a big favourite is the food activities, making pancakes, pizza, and noodle dishes. We have used funding to enable them to plan and hold events in each of the other three villages including Bushcraft in Straiton woods and we hope to share more pictures and updates in the next edition. We also held a competition for them to design their own name and logo for the club - winning entries to be announced soon!

Great youth workers and volunteers have made this possible, although there is always a need and room for more. If you would be interested in having a chat about any area you could lend support to, or would just like to get involved, we would love to hear from you!

We are looking forward to the future with this great bunch of young people in this great community. You can find out more about the group and contact us through our North East Carrick Youth Club Facebook page.











Should you wish to advertise within the next edition of the North Carrick Community Newsletter please contact Shona McMahon at Evolution Designs Ltd: evolutiondesigns@sky.com or call 07753 111 038.

#### **RATES PER ISSUE**

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1/4 page advert	£95
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We print 4,500 magazines and distribute these through most doors throughout North Carrick, the newsletter is also available online which means your advert will be seen by a vast audience.

### **Communities Recovery Funding**

In the last newsletter, we were delighted to announce the success of our partnership bid for Scottish Government Communities Recovery Funding (CRF2). This had been awarded to the Carrick Centre as lead partner, and to a number of North Carrick Community Councils and groups to help their communities get back out and about.

Now we can share how some of this fantastic funding has been put to great use across the area and you can find more updates from some of the groups who have benefitted throughout this newsletter.

## Kirkoswald, Maidens and Turnberry Community Council:

- prepared venues to welcome back villagers to Kirkoswald Lunch Club, Maidens Bowling Club and Kirkoswald Men's Club.
- resumed much loved outings for Maidens T Club for senior residents who had been unable to meet with each other during lockdown.
- offered a range of taster wellness sessions in Maidens to encourage people to get back out and about which have included Tai Chi, Yoga and an outside Fitness Camp!

### Kirkmichael, Crosshill & Straiton Community Council:

- supported their village community groups with six months free accommodation to help them start up again after 18 months of lockdown.
- started up new groups which have included circuit training and recently a new Crosshill Gardeners.
- helped Rural run events with speakers and an afternoon with the Home Cook School.
- enabled Craft Class to purchase a variety of different materials - yarns, 5D paintings along with water colours and acrylic paints to help resume their classes.

#### Kirkmichael Kids & Community Group -

a dedicated, hardworking bunch of volunteers started their long-awaited North East Carrick Youth Group in partnership with The Carrick Centre's Youth Connect Project. You can find out more and see some great pics showing the fantastic fun the young people from Crosshill, Kirkmichael, Minishant and Straiton have been having in an update from the group in this edition.

Maybole Community Council - distributed their full award to a number of smaller groups in the area: Carrick Micro Minis Rugby, Carrick Sensory for young children and families with barriers to play, Carrick







Tots Play Group, Colouring Communities, Girl Guiding Regional including Crosshill Guides, Maybole 7th Ayrshire Scouts, Maybole Juniors 2013 Children's Football, Maybole Men's Walking Football, Maybole Pipe Band and TKS Children's Martial Arts – we are excited to hear more about what they have been up to next time round.

**The Carrick Centre's** Youth Connect, Training Kitchen and CAN Connect Group participants have all benefitted from the award:

- it enabled the Youth Team to support the set-up of the North East Carrick Youth Group and plan a host of exciting activities in March for young people from the Centre's Sunday Youth Club – more to come next time!
- it funded 'Out and About' Adventures, with David and Louis from the Community Development Team, for the CAN Connect Group who are having a fantastic time going places after such a long time. You can read about one of their trips in this edition and they have some fantastic ones planned in March
- it supported the continuation and expansion of the fantastic work of the Centre's Training Kitchen which has provided great opportunities to several new groups as well as some regular faces who have been delighted to get 'back in the kitchen'.
- it helped deliver wellbeing sessions for families in partnership with South Ayrshire Council's Community Learning and Development (CLD).

The Kennedy Hall & Park Committee planned activities and provided support across the generations. You can find pics and updates in this newsletter showing how they have put this funding to good use for the Dunure and Fisherton community.

Minishant Community Council are helping a new association plan some great community engagement events for their area - more information in the next update. Many of these events have been supported by the CRF2 portion of the grant awarded to our transport partner South Ayrshire Community Transport who have provided buses for group trips and transport for the young people of the North East Carrick Youth Group.

**Great Work - Great Partnerships** – amazing work has been done by all the partners and groups involved, many of whom are volunteers working hard for their communities and we would like to say a big thank you to all of them for using this funding to make a difference.

#### THANK YOU!



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