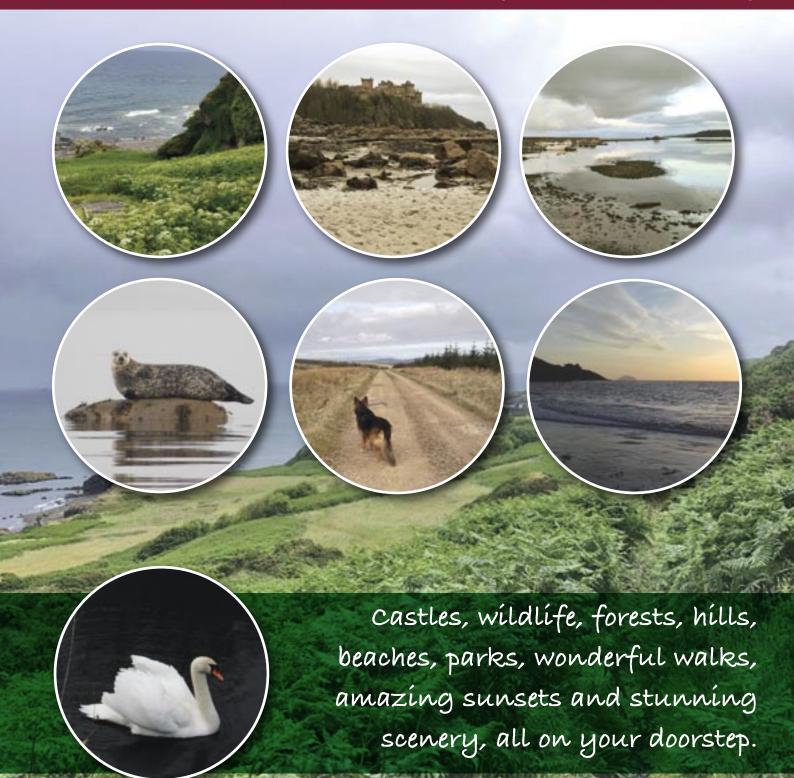
## **FREE** North Carrick Community News

Crosshill . Dunure . Fisherton . Kirkmichael . Kirkoswald . Maidens . Maybole . Minishant . Straiton . Turnberry



**Explore more of North Carrick this Autumn** 



## We are open all day, every day serving the very best food and drink

At The Kirkton Inn we use only the finest local ingredients and our fantastic chefs really do know how to get the best out of them to create the most wonderful dishes!

Why not pop in and treat yourself?



Call **01292 560064** to book a table.

Serving food from 9.30am - 8pm



For more information about any of our library services please visit our website - www.south-ayrshire.gov.uk/libraries

## DVDs - Borrow the latest blockbusters for a week free of charge!

Adults can borrow two DVDs per week; young adults may borrow one DVD per week. You can also place a hold for a DVD held at another branch and we'll deliver it to Maybole Library for you to collect.

#### **PC Access**

#### Maybole Library has PCs for public access.

To ensure your slot, you can contact the library directly by phone, or book a PC online.

http://netloan.south-ayrshire.gov.uk/netloan

Please note, to use our PCs you will need a valid South Ayrshire Library card number and PIN. If you live, work or study in South Ayrshire and you don't yet have a library card you can join online or by contacting the library direct.

## Instant Access to eBooks, audiobooks, newspapers, and magazines

Always available - online access to the latest eBooks, audiobooks, newspapers, and magazines. Check out up to six eBooks or audiobooks and enjoy unlimited access to your favourite newspapers and magazines – completely free! To find out more visit south-ayrshire.gov.uk/libraries and follow the link for 'eBooks, magazines and newspapers.'

**Library Opening Hours:** 

Monday

Tuesday

Thursday

Friday

Wednesday

1pm - 7pm

9am - 1pm

9am - 1pm

10am - 1pm

9am - 12noon

and 2pm - 5pm

and 2pm - 5pm

and 2pm - 5pm

#### Children's Monthly Craft Sessions

Join us each month for different themed monthly craft on the following Mondays.

Suitable for primary school aged children - must be accompanied by an adult.

Free event but booking is required. Tel: 01655 883 044

#### **LEGO and Duplo Club**

Every Thursday, 3.30pm to 4.30pm
Have fun creating and building with LEGO.
Duplo blocks are also available for younger children.
Children must be accompanied by an adult.
Free, drop-in event.

#### CARRICK HISTORY SOCIETY

Every Monday, 4pm – 7pm

Join us each week for information and discussion sessions in Maybole Library.

#### Sensory Impairment Prop-in Sessions

Second Monday of the month - 2pm to 3pm
Specialist support and advice for hearing loss issues.

## Sensory Impairment Support Group - S.I.S.G

Hearing Aid Battery Pick Up Point - during library opening hours.

#### South Ayrshire Lifeline

First Thursday of every month from 2pm to 3.30pm.

#### PEEPS CLASSES

Thursday mornings 10am to 11am.

Booking is essential. An opportunity for parents to meet and join in with stories, songs, and rhymes to stimulate their babies and toddlers. There will also be crafts and cooking sessions held.

## News from MAYBOLE

#### Progress Update...

Scaffolding is up at Maybole Town Hall

The Maybole
Regeneration Project
Team will be moving to
the library from the Town
Hall in September for
two months to allow
refurbishment of the
Chamber room and
installation of new
accessible toilet and small
kitchen area on first floor.

The Maybole Regeneration project is gaining momentum with the Town Hall and Maybole Charity Shop now underway. Scaffolding is up at the Town Hall allowing external repair work to commence shortly, meantime work inside the Town Hall includes stripping out electrical elements and redesigning the new kitchen and toilet works beside the main hall. Works are expected to complete in February 2023.

## Maybole Charity Shop

Work started on 30th May 2022 in the High Street Charity Shop.
We expect completion in November.
Scaffolding will be erected once the relevant permissions are in place.

#### **Small Grants Programme**

Several shops in the High Street have been awarded grant funding to improve their shop fronts, which must use traditional building materials such as lime mortar and wooden window frames. Three shop owners are working with their architect to identify contractors to start the work soon.

#### **High Street Active Travel Scheme**

Due to the knock-on impact of Covid disruption from 2019, there has been a delayed start to our regeneration projects, including Maybole Town Hall, Maybole Charity Shop and Maybole Castle. This has resulted in us having to revise the programme for the High Street Active Travel Scheme. Subject to SUSTRANS funding approval application in February 2023, we are hoping to be on-site by April/May 2023 for completion estimated as Summer 2024.



#### **New Active Travel Proposals**

A new bid for development phase funding for a Maybole Active Travel Phase II has been submitted to SUSTRANS. This scheme would look to connect the town centre and rail station to the new campus, improve the Dunlop Terrace steps and connect the centre to the lower end of the town. The success of this bid will depend on several factors including approval of funding from Sustrans, local support, and joint funding with external partners being approved. We will keep you updated on progress with this project proposal over the coming months.

#### **Traditional Building Skills**

A further two local contractors attended a Decorative Structure Repair Course at the Scottish Lime Centre and another attended a Traditional Lime Work course. They really enjoyed the courses and can again bring these specialised traditional skills to the area.



#### **Activities and Training Update**

We were delighted to support six local contractors through an intensive LSA Accredited Lead Work Course at West College Scotland. All six of our delegates passed and bring these traditional skills back to the local area.



## REGENERATION PROJECT

#### Artist in Residence

Cate Ross, our Artist in Residence, hosted a Summer Fun Day where all ages participated in lots of different traditional crafts. Cate's Autumn programme includes regular sessions - Evening Creative Community AiR Time Second Wednesday of each month - 5-8pm at St Oswald's Church Hall and Creative Community AiR Time is on last Wednesday of each month - 10.30am - 2.30pm at Maybole Library. Please contact Maybole Artist in Residence Project on Facebook or email coral.mcmillan@south-ayrshire.gov.uk to get involved.



#### **Exhibitions**

A Travelling Exhibition is coming soon to Maybole and the North Carrick Villages - Maybole Regeneration Project will showcase works generated by the Artist in Residence Project, artefacts gathered in the excavation works of the A77 and the ambitious plans of our community-led project. The items will be exhibited for a week in each location and will be launched by a fun event. Watch this space for more information!



#### **Meet the Team Sessions**

Over the next few months, we will be holding Meet the Team events in various locations in the town. This is a chance for the community to come and meet us, discuss plans, and share ideas with the team. Drop in and meet us in Goudie's on the afternoon of Wednesday 28th October - we would love to see you!



#### TREASURE HUNT

Lots of families participated in our High Street Treasure Hunt over the summer holidays. Great fun was had by all! Thanks to all the shops that participated. The winner of the prize draw will win tickets to Heads of Ayr Farm Park.





## Volunteering

We are so lucky to have recruited volunteers to support our project. There are lots of opportunities still available for volunteers if you would like to be a town guide? Or maybe you fancy helping at events or training days? Any skills that you could share would be appreciated by our team! Please contact coral.mcmillan@south-ayrshire.gov.uk for more details



Earlier this year, Thomas Purdie and Eden Wallace, two S3 pupils from Carrick Academy, supported Place2Be in its annual Children's Mental Health Week Assembly. They were joined by a number of celebrities, including Emma Willis, Kit Young and Kia Pegg along with one of Place2Be's Regional Clinical Leads, James Emmett.

prestigious Place2Be Awards

Both pupils thoroughly discussed mental health, including the difficulties and stigmas children and young people experience in their daily lives. Thomas and Eden also had the opportunity to share their personal experiences around this year's theme 'Growing Together'. This showcase was captured and shared around hundreds of schools across the UK and has received overwhelmingly positive feedback from the celebrities, Place2Be and Carrick. The assembly is still available to rewatch now.

Following on from the successes of Thomas and Eden in their contributions to the Mental Health Week Assembly, I nominated them both for the Young Champion Mental Health Award. The Mental Health Awards, hosted by Place2Be, are a way for us to recognise the outstanding work and contributions people have given to their schools and communities. Thomas and Eden have both had a positive impact on the discussions around mental health in Carrick. with their support in delivering the Virtual Assembly. Thomas has further supported the school by sharing young people's voices, through his role in the Pupil Council – a position he has held for two years. Eden has also supported the school with peer mentoring the new S1 pupils, coming to Carrick from the feeder primary schools.

In early June, we received word that Thomas and Eden had both been selected as finalists – chosen



from hundreds of Place2Be partner schools across the UK. They were invited down to London for a prestigious ceremony hosted at BAFTA's headquarters, along with their Head Teacher Mrs McEwan, myself, Stuart (Thomas's Dad) and Joyce (Eden's Mum).

We were welcomed to the venue with refreshments and light bites before taking our seats for the main event, which was hosted by Rhys Stephenson and Katie Thistleton. The hosts introduced us to each of the finalists before beginning the ceremony, beginning with the Child Champions before getting to the Young Champions.

After much anticipation, I'm proud to share that Thomas and Eden successfully secured first place in the Young Champion Awards. I don't think I speak only for myself when I say we were all elated at the reveal. Thomas and Eden joined the other finalists on stage and received a trophy and goodie bag, along with a large round of applause. Thomas shared a speech, thanking Place2Be for the support being offered at Carrick Academy and the many other schools across the country.

I would like to take this opportunity to thank Thomas and Eden again for all their hard work and for their commitment in championing positive mental health in the community. I would like to thank Mrs McEwan, Sarah Gonshaw and Niamh Cannon and everyone involved in organising such a wonderful trip. I would also like to extend a thank you to Stuart and Joyce for supporting myself, Thomas and Eden.

The Place2Be service at Carrick Academy is jointly funded by the William Grant Foundation and North Carrick Community Benefit Company. It will continue in the coming academic year and more information is available from Kristoffer Gray, details below. If pupils at Carrick Academy would like support for their mental health, appointments can be made by contacting Kristoffer Gray by dropping in to the Place2Be room (Room O30), by asking their guidance teacher or by putting a slip through the red post-box across from the Main Office. Parents and carers can refer their child or access free Parent Partnership consultations by contacting Kristoffer Gray on kristoffer.gray@south-ayrshire.gov.uk or calling the school on 01655 883003.

A very big well done to you both, it was well deserved.

Kristoffer Gray Mental Health Practitioner / School Counsellor at Carrick Academy, Place2Be.



8 Whitehall, Maybole KA19 7AJ Car park at rear in Carrick Street



Our licensed cafe is open for breakfasts, light lunches, main meals and fresh home baking.

All fully accessible.

Christmas Teauila

Please note: we have a maximum of two adults per child at all

kids events to maximize the space for the children.

tea and coffee

KIDS HALLOWEEN PARTY

with Marvellous Mascots

sweet treat and juice or

30th October: 2pm - 4pm

Ticket includes a hot dog,

per person 10th December with a Festive Buffet



**Hogmanay** with CAS disco

Breakfast at 9.30am then two hours of fun with the mascots and meet Santa. EVERY CHILD WILL RECEIVE A GIFT.

# PUBLIC BAR ...

Our public bar is fully stocked with draught beers and a large selection of gins, whiskies and wines.

We have a games room situated near the bar which is open to all for pool, darts etc.

Say 'I Do' at ...

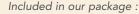






#### Midweek and weekend packages 200

Your wedding day will be one of the most memorable days of your life. Most importantly, it should be exactly what you want, you could book a mid-week, small, (from 40ppl) intimate wedding that's very cost effective and can work out at less than half the price of a weekend wedding. With just a few friends and family and everything you need in one place



- Three course wedding meal. Evening buffet
- Personal Wedding Co-ordinator & Master of Ceremonies
- White Linen Tablecloths & Linen Napkins
- White Led Backdrop.
   Post Box for Cards
- Use of Cake table & Cake Stand
- Wedding Easel
   White Wedding Chair Covers
- Table Centres Chair Sashes Top Table Display



We offer a private space and bar that is AIR CONDITIONED for your ultimate comfort.

where better to

Goudie's.

Dust off your dancing shoes, put your glad rags on and

> Whether it's an intimate gathering party or a big celebration, we cater for everyone.

To view our amazing wedding and party spaces call Linda Paterson on

01655 882577









#### STAY AHEAD OF THE CURVE

#### a new free Occupational Therapy Service for you

Karen McCrindle is an Occupational Therapy Assistant Practitioner with the Staying Ahead of the Curve Team.

She said, "Please feel free to give us a call and we can chat and arrange a home visit, if required. If this is not relevant to yourself, please consider others in your family, friends and your community that may benefit from our free service."



## STAY AHEAD OF THE CURVE





#### Have you noticed any of these changes:

- Are you walking slower than usual?
- Is your appetite poor?
- · Do you have poor balance?
- · Are you easily tired?
- Do your muscles feet weak?

As we age it may feel like our bodies are slowing down. Often this is accepted as normal part of the aging process.

However, we can make a difference to how we age, and getting older does not have to mean losing your independence.

We are here to help.

As Occupational Therapists we understand how to support people to live satisfying and healthy lives as we age.

Come and have a conversation with one of the team to see if we can help support you to live the life which is important to you, a life as independent as possible.



Stay ahead of the curve with the LifeCurve App









### **Straiton Village Toilets** a TikTok sensation?

Volunteers have been busy at Straiton toilets, painting the exterior of the toilet block, repairing lighting, and plumbing, and repainting all the internal toilet blocks including the disabled facilities.

Grant funding was provided by NCCBC through a post-pandemic funding scheme and the newly-painted toilets are greatly appreciated by walkers, cyclists, and visitors. The donation boxes have been enhanced

with QR codes for anyone wishing to spend a penny but not having cash at hand.

The local volunteers are 'flushed' with success and

hope their artistic work inside makes Straiton toilets a TikTok sensation!



## Kiltwalk 2022

A team from the Carrick Centre took on the challenge and participated in a Kiltwalk this year and, with the support of South Ayrshire Community Transport and our friends and families, raised a fantastic sum of £3,300 for both the Carrick Centre and Maybole Parish Church! With the sun shining, a brilliant support mechanism within the Kiltwalk organisation and the enthusiasm of all 10,000 taking part, the day was incredibly memorable and thoroughly enjoyable.





## STRAITON PRIMARY

## **Sports Day**

We were delighted to be able to invite our parents and families to be a part of our annual Sports Day for the first time in two years. We enjoyed a great afternoon that consisted of races, an obstacle course, and even a house team scavenger hunt!



A big well done to our winning team, the Red House, and a big thank you to all our parents and families who came along to support us.



Andrew Hislop - Head Teacher



# Fundraiser Event for Community Wellbeing Hub!

Our fayre was held on 16th July at Ayrshire Healing Centre and finished off our week of workshops which included painting, drum making, art, meditation, crafts, mindfulness, aromatherapy and much more.

The kids helped organise the fayre and ran stalls and games plus we had a selection of local craft people with tables of beautiful artwork, knitting, wood crafts, sea glass, jewellery and lots of games and activities for kids, too. Downstairs, we had home baking, smoothies and tea and coffee. We even banged our drums up the High Street to advertise the event!

We'd like to thank everyone who came along on the day and to those who donated prizes to our fabulous raffle!

All funds raised go to our charity, Community Wellbeing Hub, which offers many services to Maybole and the surrounding villages including:

- Workshops for teenagers
- Family meditation
- Outreach to community groups
- Free holistic therapy sessions to help those on a low income who struggle with a long-term condition or anxiety/depression
- Free 1:1 yoga/mindfulness to those on a low income who struggle with stress/depression
- Men's group
- Women's group



You can find out about all our upcoming sessions by visiting our Facebook page 'Community Wellbeing Hub' or by emailing us on communitywellbeinghub@yahoo.com







Dates for 202

## FISHERTON FRIENDSHIP GROUP

**30th September**: Macmillan Coffee Afternoon. Charge £2 for cuppa and cake.

Bring and buy – baking and other new items.

**21st October**: Visit to Bothy Café, River Garden, Auchincruive. 2pm at the cafe.

**18th November**: Mr and Mrs (or Mrs and Mrs) – How well do you really know your partner/best friend?

**16th December**: Presentation by Ian Mcanulla with a Christmas theme and Secret Santa.

All meetings are held in Fisherton Church 2pm to 3.30pm (apart from the October meeting). Cuppa and blether with friends old and new. All welcome.





#### Pleased to support the residents of North Carrick



## MINISHANT Primary School

Class 1 were delighted to return to school on Monday 22nd August and welcome the new Primary 1 pupils to the class. They were all thrilled to see their friends and hear all about each other's summer adventures!

Class 1 are looking forward to their term ahead, learning lots of new and exciting things together! Class 2 have thoroughly enjoyed their first week back at school, welcoming their new teacher Mr Lowrie to the Minishant family!











We have been getting creative

in art, experimenting with shape, perspective, and colour as we create our own Picasso-inspired portraits. We have also focused on working together as

a team to tackle tricky STEM challenges such a building the tallest tower out of midget gems and cocktail sticks!

THE NORTH CARRICK COMMUNITY NEWSLETTER is for YOU, the community, so PLEASE submit all your articles, events, news updates etc. to:

newsletter@nccbc.org.uk

## Cairn and Gardenrose visit the new Community Campus!



Pupils from Cairn and Gardenrose Primaries were invited by Morgan Sindall, the construction company building the new school, to visit the site of the new Maybole Community Campus. The boys and girls were shown what the project will look like when completed and were very excited to see how much progress had been made on the construction of the site.

They are looking forward to their next visit where they will see the interior of the building and be able to stand inside a well-underway Culzean Primary!















'Supporting you to live life your way'



Drop In

Maybole Health Centre (Rear Entrance via Car Park) Every Wednesday 2pm – 4pm

#### Advice & Information for:

- · Carers and people who need support
- Dementia/Cognitive Impairment queries

#### Access to:

 Information from a range of local organisations including Seascape, Home Energy Scotland, Social Work etc....

No need to book an appointment







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47 Alloway Street, Ayr KA7 1SP

Telephone: 07784 492 279

Healthliving.uk

#### CROSS COUNTRY EVENT

At Kirkmichael Primary school, we had a very busy June! The boys and girls from Primaries 5-7 took part in a cross-country event at Rozelle. There was a race for each year group, split into boys and girls, and they all performed brilliantly! There was so much team spirit and





enthusiasm for the competition and we cheered on our partner school Straiton Primary when they won overall in the 'small schools' category!





#### **Kirkmichael Primary – Open Afternoon**

We also held an Open Afternoon for parents and families, joining together to show what we have been doing in school. Everyone was welcome to participate in tasks and observe our developments in the Talk for Writing programme, Numeracy, Outdoor Learning, Science, Health, and Wellbeing and to enjoy some food and conversation together!





## **Allan Dorans MP**

Ayr, Carrick and Cumnock



Allan Dorans MP



@allandoransmp



allan.dorans.mp@parliament.uk







## Gardenrose EYC's Last First Day!

As we move into our last session at Gardenrose Early Years Centre, we would like to welcome our pupils to a very exciting year at nursery in preparation for moving to our new campus.











They took up the challenge and skilfully manoeuvred their 4x4 down the steep rocky path to the beach. They removed various heavy items including car tyres, part of a boat's hull and old fishing nets. Their assistance in keeping the beach clean and safe was much appreciated by Maidens Litter Action Team.

Getting the vehicle back up to the harbour road was not easy, but with the team's expert use of equipment and excellent communication skills they were definitely up to the task!

carrick.resilience@hotmail.com



Maidens Litter Pick is every 2nd Saturday of the month. We meet at the car park at 10am. All new volunteers welcome. Please email maidenscommunity@gmail.com for bags, gloves, and picker.

A large amount of fishing waste containing ropes with a wire core were removed.



## THE PHONE BOX comes back to life in Maidens!



We were delighted that we received a grant from the Community Project Fund from NCCBC and be able to re-create the old Telephone Box in Maidens, situated in Ardlochan Road. Funding allowed us to replace the glass, give the box a wonderful new coat of paint and a unique black hat! As well as having the wonderful shelves fitted. Local creative Bill Arnott - from the Art and Crafts Club at Maidens, and a valued member of the Maidens Association - has created a bespoke panel and we hope to have more creations in the coming months. Anyone interested in using the phone box for their Maidens-based club, please contact: maidenscommunity@gmail.com.



## Computer or laptop not working?

At Carrick Computer Repair Services, we offer a wide range of repair and maintenance services to keep your I.T. equipment running smoothly.

Collect & return service.

New computer, laptop, tablet, smart phone setup Computer & Laptop Repairs • Onsite visits • Advice Annual or 6-monthly computer servicing intervals Network / Internet setup • Virus / Malware removal Computer & software upgrades

Secure data removal from obsolete hard drives

Data transfer to new computer

Data recovery of:

hard drives, USB memory sticks, camera cards

Domestic & Small Businesses catered for

## CARRICK COMPUTER REPAIR SERVICES

help@carrickcrs.co.uk www.carrickcrs.co.uk



Minishant played host to the first gala in 22 years on Saturday 27th August and the event was a great success with the sun shining down and a buzz throughout the village!

Bringing back an event like this

wouldn't be possible without all the volunteers, stallholders, and attendees on the day.

The Minishant Social and Leisure Group would like to give a huge shout out to our local piper, Billy, who did a great job piping the kids in and around the gala! Thanks also go to our local councillor Brian Connolly and our local Paralympian Callum Deboys - thanks so much for coming along to open the gala. We were delighted to have dancers from Team Turnbull, Elite Dance School, Dalrymple and Sophie Oliver School of Dance entertain us on the day – thank you so much for your performances. We'd also like to thank all our wonderful stallholders, as well as Alan's Ices, Foggy's Food Van, West Coast Castles, and Boogie Beatz for making the day extra

#### MINISHANT GALA DAY



special. Thanks also to the TA for their free kids' activities. We would also like to give our friends at FFAT Friends a shout out for providing the teas and coffees, scones, and cakes.

Our committee's

chosen charity for this event was The Night Before Christmas Campaign. Find out more about their great work here: www.nightbeforechristmas.co.uk And FINALLY, our biggest thank you goes to our amazing Gala royals. Well done to you all. Our Gala King was Lyle Bryden, Gala Queen was Kaila-Mae Bell, Attendant was Dani Young and Pageboy was Rhys Dickie. We can't wait for the next one!

#### **The Minishant Gala Team**

Well done to Minishant's new Leisure and Social Group who put together the Gala supported by NCCBC's Community Projects Fund. Every village in North Carrick has access to 'CPF' funding to progress projects proposed by the communities. Get in touch for more info.



#### Last First Day at Cairn Primary

email coral.mcmillan@outlook.com

If you would like more information about this group, please

On Monday 22nd August, Primary 1 – Primary 7 pupils were welcomed into school for their last ever first day at Cairn Primary School. All pupils are looking forward to an exciting year preparing for the merger with Gardenrose Primary. Pupils will also be celebrating the history of Cairn and enjoying lots of events to mark the closing of Cairn Primary. Families, friends, and members of the community will be invited to visit the school in the spring before our closing service in June.













We are Back!

Carrick Money Advice Service are back with a presence in Maybole in the Carrick Centre when the Food Pantry is open.

### **Stepping Stones** for Families

If you have any money advice issues you want to discuss, you'll find Carol Saunders in the cafeteria area every Tuesday 10am - 12 Noon. Our service is, of course, confidential.

Carol can be contacted on 07710 708 934 or carol.moneyadvice@ssff.org.uk. The office in Girvan is 01465 712637.

#### The Carrick Centre 'Man Cave'

The Carrick Centre 'Man Cave' is for men aged 18+ and provides a supportive space for men to get together, socialise, participate in activities, and make friends. The service is free and provides a supper meal, a range of activities including board games, pool, darts, table football and table tennis. The group also offers cooking lessons a range of indoor sports and outdoor activities. The subjects and activities covered in the group are directed by the needs of its members. The group runs on Monday nights from 6pm-8pm. Dates for external trips and activities vary.

The group is growing in strength and now that the warmer weather is here the team have ventured outdoors and arranged some fishing trips to local fisheries. The trips were a big success with everyone catching at least one fish and the more seasoned anglers landing as many as three rainbow trout.

This drop-in group is ideal for men who are sitting at home with nothing to do and would like to meet some new friends. We are constantly recruiting for new members. Anyone interested should contact David Quinn by email at

david.quinn@carrickcentre.co.uk, by telephone at 01655 883222 or drop into the Carrick Centre and ask for David Quinn.









## Momentum is Building in North Carrick

The Foundations for Recovery programme, which is funded by the UK Government and NCCBC, is nearing its end. Now is a good time to take a closer look at what has been going on and what the next steps will be.

An overview of Foundations for Recovery

Foundations for Recovery is an exciting and innovative programme that is happening right now across the communities of North Carrick and many local people have been involved in generating ideas. Three teams of contractors who are experts in their fields are working hard to investigate a range of ideas with plans that will convert those community and business ideas into investment-ready projects. This is an area-wide project that will impact positively on both businesses and communities alike.

To give a flavour of what is happening. Under the Heritage and Cultural Tourism strand, ideas being looked at include celebrating the birth of King Robert the Bruce

and how that can be used to boost tourism and economic recovery in the region including a festival in 2024 to celebrate the 750th anniversary of his birth. We are investigating a competition for a Public Arts Trail, looking into the possibility of a rural heritage park, and considering both physical developments and augmented reality. We want to promote active travel and our contractors are scoping out the use of e-bikes as well as economic issues such as farm diversification and creating welcome community heritage.

An Asset Development strand has produced drawings and technical data on places including Dunure and Maidens Harbours, Maidens Bowling Club and various heritage assets as well as mapping community and sports assets and toilets. This is with a view to create a positive and attractive infrastructure for North Carrick.

To complement those bits of work, the final work strand is around Workforce and Sector Development and Jobs. Setting up a third sector training academy, a digital skills platform and access to rural skills will build the capacity of our community and create a strong legacy for the future.

Though there are a range of different projects happening right across the area, we view Foundations for Recovery as a single project under one vision, where all the apparently disparate projects are implemented in a way where there is synergy between them. We won't develop buildings without being clear that jobs and learning are embedded in the process. Everyone in North Carrick, of all ages and backgrounds and regardless of which community people live in, should begin to see the benefit rolling out on the back of this foundation project.

We are already seeing people come together under a single vision and the current suite of training and capacity building sessions will help to ensure the benefit is felt right across the community.

The following is a summary of some of the main elements of the programme.

## **Supporting and Showcasing Local Producers** and Makers to Visitors and Residents

As part of the overall programme, CEIS (www.ceis.org.uk) was tasked with exploring the feasibility of NCCBC developing a 'Heritage Enterprise Village' in North Carrick, potentially co-located with art works and other attractions that will draw people to the site. The Village would promote local rural businesses, specifically SMEs (small-to-medium sized enterprises) and social enterprises (businesses with a social purpose) by providing positive heritage, leisure, and buy-local experiences of North Carrick for visitors and residents. In turn, these would provide economic opportunities for local people and existing and new businesses. The CEIS study involved:



SOLAR PANELS TO ROOF

- Research into the potential need and demand for such an enterprise compared to current provision; public sector policies and strategies that might influence its development and operation; and examples of similar projects from the UK/ Ireland that have proved successful.
- In-depth discussions with a sample of public, private and voluntary sector organisations with expertise and experience relevant to the proposed enterprise, such as tourism, community regeneration, employability, and business support.
- Development workshops with a small working group of NCCBC representatives and other stakeholders to consider research findings and develop a potential enterprise concept and model for the Village.



Image of Dunhill Eco Park (www.dunhillecopark.com) in County Waterford, Republic of Ireland, one of the exemplars considered as part of the study

Findings, conclusions and recommendations are drawn together in a study report for NCCBC and others to consider the feasibility and viability of such an enterprise. Some broad points that have become apparent through the study are:

- There are clear links between the enterprise concept and a range of national, regional and local public sector policies and strategies
- In order to be sustainable, the Heritage Village has to offer products, services and facilities that appeal to existing and prospective local businesses, residents and visitors. Success is more likely if this offering has a theme and 'heritage' built, natural and cultural seems appropriate to North Carrick and provides a 'common thread' for local producers and makers.
- While providing additional business space for heritage enterprises to produce/ make/ sell, the overall Village concept offers greatest potential if extended to include other businesses across North Carrick. It can work well as part of a network of new/ existing community assets in rural and town locations.
- A social enterprise should manage and operate the Village providing new resources and coordinating access to existing resources in the form of business accommodation and support for start-up and early-stage enterprises, providing facilities and activities for visitors and residents that encourage them to visit, and leading joint marketing initiatives.
- A phased approach to developing the Village concept, starting in a small way but on a site that has room for expansion, allows time to test ideas while managing risks and lets local people and businesses see what is trying to be achieved and the success it is having. A big plan can still be implemented from small steps.

So, at this stage there is seen to be potential for an edge-of-town/ out-of-town visitor attraction with community facilities and combined working/making/selling space for heritage enterprises, formally linked with similar businesses across North Carrick.

## **Exploring Opportunities to Develop** our Communities and Workforce

In another strand of the Foundations for Recovery programme, CEiS and its associates investigated ways to make our community stronger.

This included work on the following areas:

#### Community Engagement Strategy

After a series of visits to the area to speak to local North Carrick residents and community group members, several 'Community Connectors' were identified. We also did an Asset Mapping exercise of the area and ran a series of Workshops in the area. We are looking still at Asset Based Community Development (ABCD) training for the Community Connectors and the written draft strategy.

#### Third Sector Training Academy

We interviewed some key members of the Third Sector in North Carrick and asked their opinion on a potential Third Sector Training Academy. This would be something which would allow current and prospective community members to learn how to contribute to and run community groups, and for more established community groups, charities, social enterprises and any other not-for-profit organisations to upskill their volunteers, staff and management committees etc primarily in skills to run the organisations. As well as this, a Community Skills Survey is being carried out to find out what skills are in the local area and what skills may need to be looked at. A draft Training/Learning programme will follow this and recommendations on what form the Academy may take.

#### **Rural Skills**

We looked at what rural skills mean in the context of North Carrick and interviewed several key stakeholders as well as assessing the rural skills gap in the area. We looked at options for bridging the skills gap for employers, the idea of a rural skills passport, a rural skills network for the area and soft skills training.

#### **Online Portal**

In conjunction with both the Third Sector Training Academy and the Rural Skills, we looked at the possibilities of an Online Portal dedicated to training people in North Carrick. There remain several options on this ranging from a bespoke training system for North Carrick to a signposting system possibly based on current websites.

#### **Evolution of Youth Strategy**

The recently published Youth strategy for North

Carrick has several recommendations, primarily around communicating with young people and allowing them to feel that they have a role to play in decision-making which affects them directly. One idea which we have looked at is the possibility of a "Youth Parliament" for North Carrick and if that would fit with the existing structures of the national Youth Parliament and the Scottish Rural Parliament which sits every two years and in 2021 had a focus on the views of Young People.

#### **Employability Skills and Training**

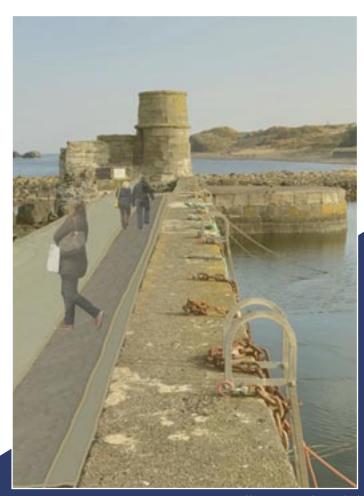
We were also asked to look at immediate training in North Carrick with a view to testing what kind of skills training may be required and to offer taster training to the local community. We were able to allow several local residents the opportunity to take part in online course ranging from Management skills to Customer Service and Social Media for Business. We also provided some Personal Licence training for local third sector businesses.

#### **Improving Community Assets**

Lot 2 of the Foundations for Recovery programme is being delivered by ARPL. It looks to develop community assets in North Carrick to make communities better places to live, work and play alongside improving tourist numbers and bringing economic benefits.

Key starting points were the action and development plans produced by each community through the public consultations conducted in 2019. Initially, we started by looking at the existing community assets in each place, recording what is present and the condition of the buildings. This then allowed a clear assessment of where new assets were needed to fulfil the aims and ambitions of each community.

The work we have been doing following this has looked at developing ideas for several projects across the town and villages in North Carrick. Some villages are looking to improve community facilities, others might be more visitor-based places. The ideas we are looking at involve both developing specific one-off assets such as the Dunure Community Heritage Centre alongside region-wide initiatives such as improving public toilet provision.



New access to the repaired light tower at Dunure Harbour

#### This work has resulted in key proposals for

- Dunure Community Heritage Centre, Harbour and Kennedy Park
- A community hub in Maidens
- Improvements to Maidens Harbour
- · A multi-activity centre focused on Maybole golf course and the former swimming pool
- Improvements to Kirkmichael and Straiton community halls
- A strategy for providing or improving the provision of public toilets across all the communities alongside small-scale interventions in the villages.

#### **Maybole Gold Course - Multi Sport Hub**



Taken together these projects could have a dramatic impact on the life and economy of each community. Dunure can welcome more visitors, bringing greater income to the community; Maybole can become a hub for cycling and each village can offer basic travel and toilet facilities for the visitors, walkers and cyclists who visit our region.

DOOR GOLF SMULATOR

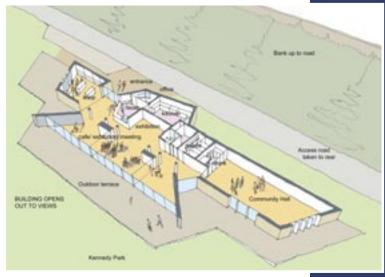
BOWLING ?

Each project has been developed with initial concept drawings giving thoughts on how the buildings might be used and what materials they would be made from. Ideas on sustainability and low energy are included for each project to ensure running costs are kept as low as possible and the buildings are environmentally friendly and low carbon.

This has been followed up with estimates of the capital costs for all the projects which will provide the basis for future funding applications.

The completed feasibility studies will provide a coordinated and well-considered strategy for community assets across the region. The proposals are intended to be complementary, delivering significant strategic improvement to North Carrick. Each proposal sits as a key component within this strategy allowing the next stage of development work to be set in the context of the overall vision. This is a key element in taking the projects forward. The critical fund-raising stage will be supported by well-considered and comprehensive detail for each project avoiding what is often piecemeal thinking.







#### **Focus on Tourism**

Back in Spring 2021, when all we had to deal with was a major pandemic, spiders weren't really at the top of the agenda. When Hall Aitken expressed interest in helping NCCBC develop a series of potential tourism projects, we were thinking more in the way of statistics and funding. But as a Scottish consultancy company with strong links to Ayrshire, we felt we could help in developing plans for recovery as we all emerged from the pandemic.

Almost nine months later, when decisions made far from North Carrick supported NCCBC's plans to explore new options for the area, our team started work. Since then, of course there have been more developments that have influenced plans. Not least of these is the reduced level of UK Government funding that now looks to be available. Nevertheless, there was a range of ideas to explore and plans to develop, setting out new possibilities for the area.

Heritage expert Rob Robinson has been consulting with key people locally and exploring options for interpretation at Maybole Castle to attract visitors. At the same time, innovative theatre-makers Jack Nurse and Robbie Gordon have been developing ideas for augmented and virtual reality that could be experienced on site and remotely. For example, a dramatic reconstruction of stories of previous inhabitants of the Castle, or indeed of any stories

around North Carrick, could be created and accessed by visitors using smartphones and tablets.

Other members of our team have been discussing different opportunities. Artists Chris and Gill Fremantle engaged with interested individuals to work out how a new series of art commissions could enhance each of the villages. Our sustainable transport experts John Pinkard and Catrin Williams have reviewed options for providing more carbon-friendly (and healthy) ways of getting around the area for locals and tourists. In another creative direction, local sculptor John McKenna, fresh from major commissions in Port Glasgow, has been developing sketches and a 'maquette'

(a model of a sculpture) to celebrate the Lion of Carrick, Robert the Bruce with a major new sculpture. Team member Sandie Dent is still researching options for developing farm tourism in a way neither Bruce nor Burns would recognise.



Robert the Bruce - The Lion of Carrick

In fact, 2024 is the 750th Anniversary of The Bruce's birth, so Hall Aitken Director David Gourlay has been listening to and developing ideas for a major year-long celebration, with potential interest from both Event Scotland and the Council. And a business plan for a proposed heritage centre at Kennedy Park in Dunure has been prepared by our tourism expert Paul Buchanan.

And the spider? Pulling together all the feasibility studies is a vision of growing tourism in North Carrick as a series of attractions and events across all the villages.

With Maybole at the centre and recognising the role of the area's most famous son, this looks very like a Bruce's Web. Not one or two large attractions, but a linked network of places to go and things to do, benefitting locals and visitors alike. Bringing more income into the area, but also building on its strengths to make it a better place to live and work for everyone.



Bruce's web in North Carrick

#### What Happens Next

#### **Funding**

We want to make sure that these ideas being weighed up don't result in dusty reports on forgotten shelves. We are focussed on securing funding to make as much of this a reality as possible.

These are big ideas that will need external investment and the contractors are starting to pull together funding packages for the various strands. With funding from UK government that is replacing previous European grants, Scottish Government, Lottery and charitable trusts as well as local fundraising, we are confident that significant funding can be secured to make many of these projects a reality.

Over the coming months we will be approaching various funders interested in heritage, tourism, local regeneration, culture, and jobs to discuss a co-ordinated way forward to implement the projects that communities have told us we need.

This is a unique opportunity for North Carrick to see real change, designed by communities and that change is already beginning.

#### The First Follow On Projects

NCCBC's next job is to implement some of the North Carrick-wide projects that have been developed and to work with communities to help them to implement projects that are specific to their villages.

The first follow on project will use some of the £50,000 that NCCBC is contributing to the programme. We are buying a fleet of ebikes including a side-by-side tandem that can be used by people with disabilities. These will be based in Maybole, but we will also have a trailer so that we can deliver several bikes at a time to other locations. This will be for 'pop-up' ebike hire in the villages. NCCBC will work in partnership with South Ayrshire Community Transport to make the administration as simple as possible and promote the service to tourists.

Another of the first projects to follow on from Foundations for Recovery is likely to be creating an Arts Trail. The idea is that Maybole and every village

FOR MORE INFO AND ONLINE VERSION OF ROADSHOW, SCAN HERE:



will have a small art installation. These will be in a range of styles but with a theme relating to Robert the Bruce. Tourists (and local people) will be encouraged to visit all of them.

A booklet for the trail will include information on each community's history, things to do, etc. In each location on the trail, visitors will be able to have their booklet stamped (e.g. in the local community shop), or we might set it up so that people can register their visit via an app or website. Either way, those obtaining stamps for all of the locations on the trail will be given a gift as a memento of their visits.

We are working with South Ayrshire Council, hoping to access UK Government Funding in the current financial year. We have prioritised this public art trail. We should be able to get artist(s) working with communities before the end of this year and small artworks in place in spring of next year. In some places, people will see this as a pilot where they learn about the processes involved and then go on to source funds for more ambitious installations.



#### **Get Involved**

You can find out more at:

https://nccbc.org.uk/foundations-for-recovery/ or contact us if you want to know more about these projects or get involved in making the ambitions of Foundations for Recovery into realities.

stuart@nccbc.org.uk or claire@nccbc.org.uk









#### CARRICK TOTS AT THE CARRICK CENTRE

Carrick Tots have been busy these last few months with lots of activities including messy play, planting sunflower seeds for Ukraine, painting stones, a Jubilee party and lots more!

Thanks to the Co-op in Maybole for their donation towards our parties, and thanks to Brian and the SPAR for donating sweeties.

All children under the age of five are welcome. We meet every Tuesday from 10am -11.30am. The cost is £2 per child plus £1 for additional child. Juice and biscuits are included for tots!

Adults can purchase hot/cold drinks, roll sausage/bacon, scones and tray bakes. Lots of toys to entertain along with crafts, messy play, and parties. Volunteers are Norma, Lyn and Davie.



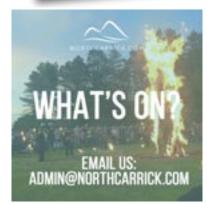
## What's On?

Time for a new hobby? Check out
NorthCarrick.com's News and What's On pages for
lots of information about what's going on in our
area! If you're a rower, a crafter, fancy trying
Footgolf, or would like a shot on an E-bike, there's
something for everyone in North Carrick!
https://www.northcarrick.com/whats-on/

Submit your club's events or special offers for the What's On page! - admin@northcarrick.com



Scan here to see









## **Crosshill Primary School and EYC**

Crosshill's EYC children have been enjoying exploring our fabulous outdoor area, creating scented playdough, having fun painting and learning to mix different colours.

Class 1 at Crosshill Primary have had lots of exciting stories to share from their adventures this summer.

We started our first day back by drawing a picture of our favourite memory from the holidays. The children enjoyed presenting their drawings and sharing their news with their friends during our carpet time. We heard about children visiting grandparents for sleepovers, caravan

adventures, waterparks in France and football games with friends and parents. Even though we all loved summer, Class 1 all agreed they were most happy about being back at school with their friends.

Class 2 have had a motivated start to the new school session. Everyone enjoyed sharing their summer holiday experiences and reflected on their hopes for the coming year. The class participated in a variety of STEM challenges, where they ended the week with the spaghetti and marshmallow tower challenge which involved practical testing, problem solving and teamwork too! What a great team we are!





Pictures drawn by the children from their learning activity about their holidays.

The children sitting with their new class partners.

## Crosshill Fun in the Sun Day

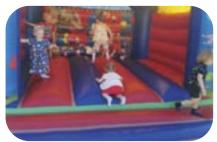


To celebrate the Queen's Jubilee. the Community Association and the Bowling Club organised a family fun day at the bowling club.

The day was a great success, and a lot of the local community came out to celebrate. We had some bouncy castles for the kids - and some big kids joined in, too. A selection of family games was available to play with and the BBQ offered some delicious food. We even organised an adult 'tug o' war', men v ladies, with the ladies winning. We were also blessed with the weather as the sun shone all day long.

The Community Association received such great feedback from the fun day, that they are currently in the process of organising a gala day for next summer. We want to recreate the success of the gala day. Now that all restrictions have lifted we can bring back the great community spirit of Crosshill and







To help in creating a fantastic gala for next year, the Community Association is organising a few fund-raising events throughout the year, including a Psychic Night on 14th October and an adult Hallowe'en Party on Saturday 29th October that will have a DJ providing a full night of entertainment. Both events are ticketed with monies going towards the gala day and will be held in the Community Centre.

Please look out for more details of these events around the village and on Crosshill Community Association's Facebook page.



Next board meeting for the **North Carrick** Community **Benefit Company** will be week commencing 7th November

Funding applications to the main fund would be due three weeks before.

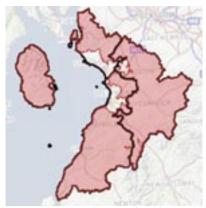
#### **North Carrick Community Newsletters** are available in:

Crosshill: Village Shop Kirkmichael: Village Shop **Straiton:** Village Shop Minishant: Minishant Stores Maidens: Little K's Kitchen and Ropes Bistro Maybole: Goudies, The Carrick Centre, Library, Co-op, Spar Kirkoswald: Souters, Saks & Hart, Kirklands Garden Centre Turnberry: Balkenna Tearoom and Dowhill Farm Shop **Dunure/Fisherton:** Coffee Shop and Aruna Arts & Gifts



## **AMBITIOUS** for **NORTH CARRICK**

We've had a busy time working with the four teams of consultants in the Foundation for Recovery programme, which has been funded by the UK Government and NCCBC and is featured elsewhere



in this newsletter. The programme is nearing its completion and our next task is to discuss the overall strategy for North Carrick with potential funding organisations.

The aim is to make sure that funders are receptive to the applications that will be submitted by NCCBC and community organisations. We will need their support to help us to implement the many small and large projects that have been developed in Foundations for Recovery.

The Scottish Government has opened up a new fund that may well support some of our projects. This is the Ayrshire Rural and Islands Ambition ('ARIA') Fund. It is a post-Brexit replacement for LEADER, the EU's rural development fund. Home Priorities for funding in 2022/23 are projects that contribute to some of the following: Community Wealth Building; Reducing Inequalities; Just Transition to Net Zero; Sustainable Tourism.

The closing date for applications is midnight on Friday 7th October 2022 and you can contact Stuart Lindsay for more information and help with your organisation's application.

NCCBC recently spotted an opportunity for local charities to reduce their energy and water bills. It seems to be a little-known fact that all registered charities in Scotland are entitled to join the Utilities



Framework that Scottish Procurement negotiates with gas, electricity, and water suppliers. By buying in bulk, they get prices that are way below what we as individual charities can achieve. In these times of raging price rises for energy, local charities can contact Stuart for more information on how to register with Scottish Procurement.

The Summer edition of this newsletter highlighted the new Strategy for Youth in North Carrick and NCCBC is keen to work with local people to implement it. Proposals have been developed through the



Foundations for Recovery programme and the first follow-on projects have been chosen specifically to be of interest to young people.

If you are in the 16 to 30 age group, please contact Claire Bryan at **claire@nccbc.org.uk** to find out how you can get involved in developing North Carrick's Art Trail featuring Augmented Reality.

Please contact Stuart Lindsay at stuart@nccbc.org.uk if you want to know more about any of these initiatives





## **Straiton News**

The Queen's Platinum
Jubilee was celebrated by
the Straiton community in
three special ways. On
Thursday 2nd June, a
beacon was lit on Bennan
Hill; on the Friday there was
a Hooley in the Hall with live
music enjoyed by all there
and on Sunday there was a
Picnic in the Park. Thankfully,
the weather was kind for the
occasion and adults and
children alike had a great
time.





The following weekend saw the welcome return of Straiton Show after a two-year break due to the pandemic. It was lovely to see the familiar faces back at the show but a tinge of sadness, too, when thinking of the ones now missing.



The Champion of Champions was a home-bred ewe from Andrew, Robert and Andrew Kay of Gass. Straiton Guild organised the teas with a good deal of help from the community and the home baking, along with the sandwiches, proved as popular as always. As well as the teas, there was a plant stall, another welcome return and very popular, too, as was proved by the sell-out. All in all a very successful and enjoyable day for all concerned.



Our minister, Gerald Jones, continues to post a short reflection on Sunday mornings and this can be read as always on the church website:

www.straitonchurchayr.uk We have had two baptisms on two consecutive Sundays: one family had travelled from Dorset to have their third daughter baptised. The parents had been married in Straiton Church and the older daughters were baptised here, too. Our other baptism was the second son of Andrew and Zoe Kay and he slept serenely throughout the ceremony.

Straiton Environment Group had the results of a survey on how to spend the next sum of money from NCCBC's Community Projects Fund. Residents had opted for: renovating the McCandlish Hall clock; a bespoke village noticeboard; equipment for the school community garden; tables and benches for the park.

As a result, Cumbria Clock Company have been contacted regarding the clock; a polytunnel along with accessories will be provided for the garden; discussions are ongoing with SAC regarding the tables and benches for the park.



And finally – the summer

holidays must have seemed too long for some of our youngsters who set themselves up in business helping to tidy up in gardens, washing cars and anything else that needed another pair of hands. This proved popular and the young entrepreneurs were kept busy. It was such a joy to see their happy faces as they sped along the road with their trusty wheelbarrow containing their tools to their next job.

#### Kirkmichael Primary – Mental Health

As a community in Kirkmichael, we have been focusing a lot on our mental health over the last year and in May/June, we were lucky enough to be chosen as a pilot school for Mindfulness Sessions, taken by Martha from 'Children 1st'. This was a six-week programme that allowed the children in to explore different ways that they can incorporate Mindfulness into their everyday life, have greater understanding of how their brain works and to develop their confidence when meeting new situations.







## Scrolls of Appreciation

Thirty-nine Scrolls of Appreciation were awarded by Maybole Community Council at a recent special ceremony in Goudie's.

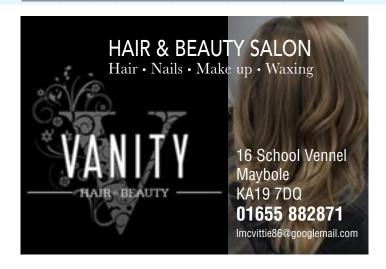
In the Spring edition of the NCCBC magazine, the community council had invited nominations from the public and in June a presentation was held to recognise those nominated.

Nominations were received for all sorts of reasons; individuals who volunteer on a regular basis, volunteers who went the extra mile during Covid to ensure people who needed help maybe with shopping, walking their dog etc, sporting heroes and for the first time nominations were received for businesses who worked tirelessly throughout Covid to ensure local services were kept as near to normal as possible.

Mark Fletcher, Chairperson of Maybole Community Council, was the Master of Ceremonies and Provost Iain Campbell presented the scrolls. At the event, family and friends attended and 39 scrolls were presented.

Individuals and groups who received a scroll were: Allan and Margaret Harvey; Jean Clarke; Deaglán, Dara and Ronan Hunter Blair: Liam Hamilton; Mhairi, Darcy and Amber Gibson; Dr Paton and Susan Paton; Callum McKelvie; Chris Fleming, Jim Paterson; Iona Barrie; Yvonne Kiltie; Wilma Milligan; Helen Whitefield; Frances Campbell; Maybole Clean-up Group; Maybole Over 50's Wednesday Walkers; Jim McEwan; Carlo Walker; North Carrick Community Benefit Company; Roy Birnie; Mark Fletcher; Police Scotland; Ambulance Service: Fire and Rescue: Carrick Resilience **Group; Maybole Medical Practice; Carrick** Medical Practice; Maybole Dental Practice; Lloyds Pharmacy(Bottom); Lloyds Pharmacy (Top); Royal Mail; SPAR and the Co-op.

The Scrolls of Appreciation are normally awarded every five years but due to Covid the 2020 presentation was cancelled. To enable the Community Council to return to their five year cycle, the next presentation will be in 2025. There are still many people who deserve recognition and this will be your next opportunity to nominate someone.





## **Community Links Practitioner**

The Practice works with Community Links Practitioners and appointments are available with them in the surgery. They are here to help you improve your health and wellbeing through connecting you with activities and services in your area. The Community Links Practitioner will work with you to find groups and services covering a range of needs, topics and interests.

Some of the things we can help link you with:

- Training, volunteering and employment
- Self-management of health
- Money and welfare support
- Local activities and hobby groups
- Housing issues

will always do our best to work alongside you to get the support that you need.

Have you got questions or need help with your health and wellbeing? Some of the areas we can support include: We Community Links Practitioners can help you work through a range of issues to help you keep well in your community. Please speak to the staff at your GP reception to arrange an appointment. (a) Information provided by Setter Health Hulk

**Community Links** 

**Practitioner** 

MAYBOLE DOCTORS New lunchtime closure for both Maybole Medical Practice and Carrick Medical **Practice**, every **Wednesday between 12.30pm** and **1.30pm**.

#### **Dalrymple Pharmacy**

Dalrymple Pharmacy is a local family-run independent pharmacy set in the village of Dalrymple. Jane Shennan bought over the pharmacy on 1st March 2021. Our team strive to provide exceptional service to our customers and will go above and beyond to support local GP practices and our local community. Our two pharmacists, Jane and Karen, are very experienced Pharmacist Independent Prescribers and our team of dispensers and technician are friendly, efficient and happy to help.

#### Services we offer:

Free prescription collection and delivery service in Ayr, Maybole, Patna, Coylton and Dalrymple - Tuesday, Thursday, and Friday.

Also accept prescriptions by email or over phone. email: pharm.clinicalcpstewartdalrymple@nhs.scot phone: 01292 560931

- Pharmacy First and Pharmacy First Plus Service
- Smoking Cessation
- Private Travel Vaccination Clinic
- Flu Vaccination Clinic
- Contraception Clinic
- Sexual Health Clinic
- Palliative Care Network Pharmacy

Karen is a very experienced **Palliative Care Pharmacist** 



#### CHANGE OF OPENING HOURS

NOW OPEN ON WEDNESDAY AFTERNOONS AND UNTIL 1.00PM ON SATURDAYS

#### OPENING HOURS

Monday - 9.00am - 5.30pm (closed for lunch 1pm - 2pm) Tuesday - 9.00am - 5.30pm (closed for lunch 1pm - 2pm) Wednesday - 9.00am - 5.30pm (closed for lunch 1pm - 2pm) Thursday - 9.00am - 5.30pm (closed for lunch 1pm - 2pm) Friday - 9.00am - 5.30pm (closed for lunch 1pm - 2pm) Saturday - 9.00am - 1.00pm Sunday - Closed





#### The NORTH CARRICK COMMUNITY NEWSLETTER

lets our readers know what services are available in their area. Please keep our locals up-to-date submitting your news and updates to:

newsletter@nccbc.org.uk





My name is **Daniel White**, I run a business called **WHITES HOME IMPROVEMENTS**. You can find me on Facebook, TikTok and Instagram where you can see my videos and transformations of my trade, painting and decorating.

You can call me on: 07720 298 610

or you can contact me via: Facebook messenger

Email: whiteshomeimprovements22@gmail.com or TikTok: whiteshomeimprovements

My services include:

- Domestic, commercial, retail.
- Feature walls
- All internal and external paint work (fence painting, spraying, deck painting)
- Woodwork (skirting, door & frames)
- Stripping (artex stripping, ceiling strip)
- Wallpapering in all aspects
- Varnishing (bars, floors etc)
- Refurbs

## Last First Day at Gardenrose Primary

On Monday 22nd August, Primary 1 – Primary 7 pupils were welcomed into school for their last ever first day at Gardenrose Primary School. All pupils are looking forward to an exciting year preparing for the merger with Cairn Primary. Pupils will also be celebrating the history of Gardenrose and

enjoying lots of events to mark the closing of the school. Families, friends and

members of the community will be invited to visit Gardenrose in the Spring before our closing service in June.

















## The Carrick Centre American Fun Day

The Carrick Centre hosted an American-themed fun day and 'Yard Sale' on 2nd July to raise funds to help local families meet rising costs during the winter months.

The event was a big success with a host of entertainment including, line dancing, karaoke, an Elvis Presley impersonator, and an electric bull-riding competition. For the younger children attending, there was a range of fun activities including cake decoration, arts and crafts and face painting.

The café offered a range of American foods including burgers, hot dogs, corn dogs, chilli and rice, mac and cheese and mini sweetcorns. The bar served ice-cold American beers and an assortment of wines. A range of candy and other treats were available at the stalls in the main hall.

The main hall offered an opportunity for people to sell their treasures with a free yard sale. The event also provided various ways for people to try their luck and win some truly amazing prizes, including raffles, a tombola, electric bull-riding with a cash prize for the best riders and a 'pitch and toss competition' where the lucky winner won a large bottle of whisky.



## TRAINING KITCHEN



In the photos, the class is making a batch of 60 "Millie's cookies" for a forthcoming child's birthday party. Claire and Michael have previous experience making these particular cookies, as they made a large amount of them for a previous event.

and partners are now

working hard to plan

their next big community event.

Michael captured this fabulous photo of Claire taking her measurements very seriously!



As we had made extra, the guys decided to ice and decorate theirs, which they all thoroughly enjoyed doing.

To use up some of the food kindly donated to us from the Co-op, the guys also decided to make some individual pizzas. John thoroughly enjoyed this and put his knife skills to good use, chopping up all the toppings!

A fun and successful session was had by all!

By Juliet Thomson





#### The Carrick Cinema Club

Looking for a new, local, fun activity to do through the winter months? Why not try the Carrick Cinema Club and bring your friends, too!

Founded by a couple of film-lovers living in North Carrick, the Carrick Cinema Club launched around nine years ago. It has been going strong in Maybole's Carrick Centre from September to May on the third

Friday of the month, ever since. This autumn, the new season of CCC films promises to be just as entertaining and exciting as ever before.

It starts with a rock'n roll blast on Friday 23rd September with director Baz Luhrmann's whirlwind biopic Elvis. Critics say there are electrifying performances from Austin Butler as Elvis and Tom Hanks

as Colonel Parker and called the film "Cinematic dynamite".

Then, on Friday 21st October, the club is showing Downton Abbey-A New Era. From award-winning creator Julian Fellowes comes the much-anticipated cinematic return of the global phenomenon which reunites the beloved cast as they go on a grand journey to the South of France to uncover the mystery of the Dowager Countess' newly-inherited villa and a Hollywood picture is also being shot on location at Downton.

MAVERICK

Followed on Friday 18th November with Top Gun: Maverick. If you loved the

or enjoy some good old-school action, you need to speed your way to a screening

of Top Gun: Maverick. After more than 30 years of service as one of the Navy's top aviators, Pete "Maverick" Mitchell (Tom Cruise) is where he belongs, pushing the envelope as a courageous test pilot and dodging the advancement in rank that would ground him. When he finds himself training a detachment of Top Gun graduates for a specialised



mission the likes of which no living pilot has ever seen, Maverick encounters Lt Bradley Bradshaw (Miles

Teller), call sign "Rooster", the son of Maverick's late friend and Radar Intercept Officer Lt Nick Bradshaw, aka "Goose".

On Friday 16th December, 'The Railway Children Return'. Inspired by one of the most beloved British family films of all time, The Railway Children, this is an enchanting, moving, and heart-warming adventure for a new generation. Starring Jenny Agutter, reprising her iconic role in the original film, Tom Courtney and Sheridan Smith.



### ALL FILMS START AT 7.30PM in the CARRICK CENTRE, MAYBOLE.

The club serves delicious Ayrshire—made ice creams before the show from Lime Tree Larder in Kilbirnie. It's a creamy luxury that many enjoy sharing with friends in the foyer before the film showing which helps make the evening a good social night out on everyone's doorstep.

#### **Tickets and Membership**

Filmgoers can buy tickets at the door for £5 - the price has been frozen to beat the cost-of-living crisis. Or they can opt to be a member of CCC for just £30, with membership prices also frozen. Membership gives you the chance to see nine films over the winter from September - May, a bargain at just over £3 a film. There's always a warm welcome, too, at The Carrick Centre.



#### **CARRICK COMMUNITY FOOD GARDEN - Autumn update**

#### A SUMMER OF GROWTH!

The Carrick Community Food Garden (CCFG) has continued to grow this summer, both literally and figuratively.

Our recent accomplishments include roofing and finishing of the polytunnel structure, allowing us to start tomato, melon, and pepper production; completion of nearly all the footpaths in the garden, including the laying of over six tonnes of pea gravel, thanks to a great community effort involving the CCFG volunteers, Carrick Resilience Team, our SAC youth groups and many others; erection and painting of the garden shed that was kindly donated to us by Allan and Mhairi McMillan; organising and hosting our second Open Day on 30th July which was a great success; maintaining a steady flow of garden produce - including potatoes, carrots, beans, peas, tomatoes - to the Maybole Food Pantry at the Carrick Centre; continuing to act as a focus for youth groups within South Ayrshire to provide opportunities for personal and skills development.

#### **OPEN DAY 2022**

Our second Open Day was a great success with more than 70 visitors over the afternoon including councillors and MSPs. We raised £330 from plant and produce sales, bake sales and donations. Even the weather cooperated, mostly, although the polytunnel was put to good use during an early downpour! Our main aims were achieved as we raised the awareness of the garden within the local community and attracted some new volunteers, welcome Patrick and Brian!

#### AN AUTUMN OF OPPORTUNITY!

There are still plenty of projects for you to get involved in at the CCFG as we move from summer into autumn. Our plans for the autumn include ongoing garden maintenance such as winter planting, bed preparation, composting, seed collecting, etc; creating a nursery area at the rear of the polytunnel which will involve clearing and levelling ground and the construction of several cold frames; completing the interior builds of the polytunnel and shed, building and fitting shelving and work benches; landscaping and planting the quiet corner and pond area; levelling and laying hardcore down in the remaining areas to be finished off; hedgerow planting of various types around the garden including beech, lavender and native species; designing and constructing a shelter/gazebo for those well-earned tea breaks; planting bulbs in anticipation of a colourful spring (all donations gratefully accepted); removing building rubble from the site.

We will also be looking at how we can increase our involvement with other groups or schools within the area and are keen to hear from anyone who thinks

the garden might be a useful resource to help support their

**HOW CAN YOU CONTRIBUTE?** 

We can't carry on with our work without the help. support and input

of individuals, groups,



any of our projects is gratefully accepted, whether it's an hour or two of shovel work here and there; donating building or gardening supplies; or taking on the management of one of our projects - there is something for everyone. We also need feedback from you to let us know if there is anything we could be doing different or better that would help groups or communities within Carrick.

If you want to help, donate, or just learn more about the CCFG then you can contact us by coming along to the garden on Wednesdays and Thursdays between 11am and 2pm at 28 Allan's Hill Maybole. KA19 7AU (behind the car park of Our Lady and St Cuthbert's); calling/messaging Simon Bloomfield (07771 758517) or Patsy McCallum (07484 642180); sending us a message on our Facebook page -@CarrickCommunityFoodGarden.

#### THANKS/GRAZIE/MERCI/DANKE/TAPADH LEAT

Our thanks this update is to all those who helped to make the Open Day such a success. In particular, all our volunteers and helpers on the day and the lead-up to it for their work preparing the garden and quiding visitors through it; all those who responded to a last-minute request for help laying six tonnes of pea gravel to finish the paths; everyone who

contributed to the supply and sale of tea, coffee, baked goods, and garden produce; all of you who came along to the Open Day to find out more and to show your support for our work.



## World Ocean Day

World Ocean Day was celebrated at Maidens Primary School on 6th June, and hosted Primaries 5, 6 and 7 from North Carrick schools A wonderful educational day was had by all celebrating this important day.

Over 200 pupils from all nine primary schools in North Carrick attended the first World Ocean Day Celebration – the only one in the West of Scotland. Pupils and teachers were able to interact live with Doug Allan, the world-famous underwater cameraman, and learn about his work in both the Arctic and Antarctic oceans. His message was loud and clear – we have got to clean up our oceans as 70% of the world's population depend upon sustainable fish supplies for food. He showed superb footage of his encounters with whales and sharks together with the growing problem of ice melt in the Arctic and the threat to polar bears.

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Pupils then went into five groups and spent time in the school grounds learning about:

- Life in our rock pools
- Plastic pollution (with examples collected from Maidens shore)
- Sea life conservation on Arran with COAST
- The 1912 disaster at Croy Shore (Kirkmichael Sunday School Outing) and water safety
- · Coastal Rowing with Carrick Coastal Rowing Club

Very positive feedback has come from both staff and pupils with a short report in the Ayrshire Post and acknowledgment from the BBC's Landward. The success of the event was down to good weather, Jim Bryan and his team and their IT skills, the staff from Dolphin House, Smiths Coaches, COAST from Arran and six adult volunteers who gave up their day jobs to help. The model has been set now and discussions are being held for next time!

Thank you all, The Oceans Day Team



Thriving Communities North Carrick Summer Programme 2022

The P4 – P7 Summer Holiday Programme was held at the Carrick Centre in Maybole. The young people could take part in a variety of activities; learning new skills and recipes in the kitchen, expressing their creative side in arts and crafts, or participating in different sports and games! All activities provided were free of charge and a healthy lunch was available for all the young people

who attended. The young people were also given the opportunity to go on a day trip to the beach and to Heads of Avr Farm Park.

Feedback from young people:

"I love doing the cooking classes it's so much fun and you get to eat it"

"I had great fun at the beach because we got to paddle in the water"

"The farm park was great I liked feeding the donkey, it had a rough tongue"

Feedback from parents:

"My son loves to cook so the cooking classes are a great thing for him to take part in"

"These programmes are great for the children to attend and do different things"

The Thriving Communities CLD and Active schools Team worked in partnership with The Carrick Centre to deliver quality summer provision for young people.

#### Maybole Youth Club

Thriving Communities CLD Team brought together our P6s and P7s and had a fun-filled summer of trips, including Flip Out, go-karting, bowling, the farm park, and M&D's. It was a summer to get out and about again and have lots of fun. It was also a chance for our new P7s to meet up with each other ahead of starting P7 Club. The P7 Club will begin on Tuesday 6th September in Carrick Community Wing, Carrick Academy 6.30pm – 8pm. All P7s from across North Carrick are invited along and staff are looking forward to seeing you all again. Young people commented, "It's been a great summer having loads of fun with new friends"

"I'd never been to the farm park before, it was brilliant. I loved the big bouncy pillow!"

#### Fun in the Sun Roadshows

Families from across North Carrick had a blast this summer with Thriving Communities providing activities in Dunure, Kirkmichael and Maybole as they went on a Summer Roadshow in partnership with the Youth Team, with access to 'Family Games Hubs' across the holidays.





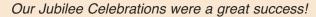
As the cost of living increases for families, they welcomed the free sessions leaving the children excited for the next week to come, and parents gratified knowing they had access to family activities and lunch. The Games Hubs offered a wide selection of games and crafts while the Roadshows provided activities like bug hunts, exploring shadows, 'Rockets v Aeroplanes', clay craft and more. One parent said, 'The kids have looked forward to attending each week, for me it has been great to have somewhere I can take the whole family where we can do things together."

This year, CLD families started summer with a trip to Dolphin House where they got to experience pond dipping, caving and a nature hunt which took them to the park at the Swan Pond.

"This was such a great day I am so glad we came. I don't go out due to my health and wasn't going to come as I was worried that I wouldn't be able to take part. The staff were brilliant, they adapted to my needs which allowed me to participate with my family. Because of my experience and the support I received, it enabled me to attend the sessions at the Games Hub as a whole family instead of my husband taking the children on his own. It was good to be able to do activities with my children and to see other families. The children had always talked about the Games Hub at home and wanted me to come but my anxiety had stopped me. I am so thankful I came. My children have enjoyed the activities they have been able to do with Mum and Dad." - Grateful participant

#### Kirkoswald Parish Church Update

Our summer Breakfast Church services held in the Maidens Hall, conducted by Rev Connie Bonner, resumed this year after a two-year absence due to the pandemic. Members and holiday makers enjoy the earlier service with a cup of tea and bacon roll. A big thank you to Clive Bonner for setting up the music for our hymns.



Rev Jeanette Whitecross has been appointed our interim moderator from 1st August. We look forward to working with her as we get closer to looking for a minister.

The Guild is held on the second Wednesday of the month at 1.30pm in Maidens Hall. Please come along and see what it's like, there is always a cup of tea and a chat! The Lunch Club is on the first Wednesday of the month at noon in Kirkoswald Church Hall. Homemade soup, filled rolls and puddings are on offer at a very reasonable price.

Is it too early to talk about Christmas? Well, we are having a Christmas Fayre on Saturday 26th November in Kirkoswald Church Hall from 10am to 2pm.

You can expect the usual festive stalls and teas with home baking - come along and find that special Christmas gift you cannot find anywhere else!

Session Clerk. Elizabeth Veitch







## **1st Crosshill Guides**

In June, 1st Crosshill Guides joined together with two units from Ayr to take party in a Jubilee Camp at Nether Auchendrane. This was our first camp since 2019! We had fabulous weather and girls enjoyed lots of fun activities including crafts, cake-making, campfire singing and a silent disco!

1st Crosshill Guides finished the term in June with a Platinum Jubilee Tea Party. Lots of lovely sandwiches and cakes were enjoyed by all followed by some games. We were very pleased to redo the hanging baskets at Crosshill playpark, too! Thanks to Crosshill Community Association for funding the flowers.

Our new term has now started and we are happy to welcome any new girls to the unit on a Wednesday night at Crosshill Community Centre. Carrick District are excited to take part in Girlquiding Scotland's 'Wander the World' event at Blair Drummond Safari Park in September.

Rainbows. Brownies. Guides and Rangers from all over

Scotland will take over the park for this special event.

If you are interested in joining Guides or volunteering with Guiding visit: www.girlguidingscotland.org.uk/get-involved/







## Jennifer MacDonald

Following the General Assembly, Jennifer MacDonald (née Veitch) was appointed as one of 12 Assembly Trustees of the Church of Scotland. Jennifer spent her childhood in Girvan and recalls her experiences which have brought her to this new post which brgan in June.

"Kirkoswald Parish Church was where my church life began. I spent Sunday mornings listening to children's addresses then hurtling myself down towards the church hall to colour, paint, or sing with the other Sunday school-children. I have fond memories of gripping newly-opened Christmas presents on Christmas morning, willing the minister to ask me to show the congregation. I must say, though, the most influential parts of growing up in Kirkoswald Church were the people who mentored and loved me throughout my childhood and beyond. Their smiles and well wishes are the memories I hold on to from my first church.

"Following my childhood in Girvan, I attended Heriot Watt University in Edinburgh and studied Chemical Engineering for four years. Edinburgh was a great adventure with an opportunity to be part of a new congregation. I jumped on the number 25 bus and arrived at Ps and Gs (St Paul's and St George's) for the 7pm services. There I met hundreds of students with four ministers and a full band, the energy was electric.

"After university, I took a job as an international engineer and was whisked off to Canada to live in St John's, Newfoundland. A new resident in a foreign land, I immediately located a church in the area and attended St Teresa's Church where their Christmas raffle prizes were frozen turkeys and gammons. I was delighted I didn't win as carrying one home would have been an icy challenge. My role in Canada involved remote locations and freezing weather. The first photo is of me on the last day of maintenance before the Hebron Platform sailed out to where it still sits, miles off the coast

"I returned home in 2018 and lived in Aberdeen while rotating offshore to the oil rigs. Ferryhill Parish Church was my next experience of committee. I had the honour of leading the 4–5-year-olds in their Summer Club group and what a frenzy of fun that was.



"In 2022, my husband and I moved to Tillicoultry and I started a job with the National Manufacturing Institute Scotland as a diversity manager. I saw the change in Scotland following Brexit and Covid and the opportunities available in the green energy industry. Within my role, I support manufacturing companies in Scotland to support their diverse

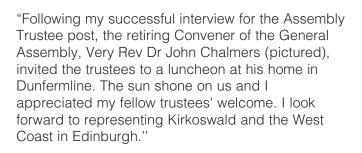
workplace and engage with young people to show how manufacturing could be a successful career for them. One of my other passions is supporting young people in finding positive career paths. I connect with schools in deprived areas in the UK and highlight the opportunities available to them. For International Women's Day in April, I connected with 1,290 pupils to share my story and answer any questions the pupils had. I know visible role models are vital to ensuring pupils strive for big things. I usually wear my blue suit (pictured) and trainers to events, especially with children to show you can bring your full self to work.

"I'm now a member of Tillicoultry Parish Church and looking forward to summer fayres and summer clubs.

"The assembly trustee role will be a challenging one. Change is part of life and I know we have all felt the force of change over the last few years.

The Church of Scotland is determined to move forward and for some, I know, this may feel uncomfortable. I have great hopes for the future of the Church and strive to keep the values passed to me from my current and previous congregations at the heart of what I focus on. I understand the responsibility of making decisions on behalf of

people who aren't in the room and intend to lead with empathy and resilience. I'm excited to learn and share my experiences of faith to support the Church of Scotland.





of Canada.

#### Kirkmichael Village History Group

#### delivers again!



'A Celebration of Kirkmichael Parish Church' took place on 18th June 2022. Our Minister, Rev Gerald Jones introduced the event at the Lych Gate to the church. It was an ambitious, well-attended event, which had input from various groups in the village. We were delighted with the positive feedback from a wide range of visitors and would like to express our heartfelt thanks to all those who made this event possible. This was followed by a behind-the-scenes tour of the graveyard by Noreen Lyon.

The church was beautifully decorated outside and in by

Gordon Pettigrew and Jean Wragg from the Gardening Club. Inside the church, Rev Jones described the church's main features, and the church choir sang some enjoyable favourite hymns, accompanied by organist Gerald Bacon.

The highlight, undoubtedly, was the children's dramatisation of village historical events, skilfully put together by Isi Nimmo and Veronica Bilson. What a performance by these local pupils!

Displays on the history of the church were available for all to view at the end.









Due to the success of this event. we are repeating it in McCosh Hall (with several extras), on Friday 28th October 2022, from 7pm to 9pm. Contact:

Kmcvhistoryproject@outlook.com or noreeneel@icloud.com

Back Row. L to R - Taylor Carry; Lexi Smith; Grace Gibson-Muircroft; Jamie Patrick; Angus Hamilton. Front Row: - Camilla Hamilton; Rory Hamilton and Benjamin Thorne.









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## Maybole's "French Connection"

This year, Maybole is marking its 40th anniversary of a historic link with the French town of Crosne.

In June 1981, four people from Maybole made the first exploratory trip to Crosne, near Paris, to discuss the possibility of the two towns becoming "twins".

David Kiltie, Alan Murray, Don Raby and Pipe Major Jim Sym were so impressed that they recommended that the twinning should go ahead and in 1982 official documents were signed in Crosne and Maybole.



Setting off for the official signing ceremony in Crosne near Paris, France in May 1982.



On 29th May, 1982 Michel Berson, Mayor of Crosne, presented the key of Crosne to David Kiltie, chairman of Maybole Community Council, and Alan Murray, chairman of Maybole's Town Twinning Association. Also pictured is Pipe Major Jim Sym and the British Ambassador to France.

In September 1982, a delegation from Crosne travelled to Maybole for the return ceremony in Maybole Town Hall. The event began with the cutting of a tartan ribbon at the top of Gardenrose Path before Maybole Pipe Band led the Crosne twinners into the town where Duncan Cron presented a symbolic key to Michel Berson.



Jim Gray chats to Provost James Boyle and George Foulkes MP chats to Alan Murray, chair of Maybole Town Twinning Association.



Duncan Cron was Maybole Citizen of the Year when the French twinners visited Maybole in 1982 and here presents Michel Berson, Mayor of Crosne, with the key to Maybole. Interestingly, Crosne is pronounced the same as Cron.



Maybole Guides took part in a parade from the top of Gardenrose Path to the Town Hall.



The parade was joined by Maybole residents to make its way to the Town Hall for the official signing followed by the planting of a commemorative tree.



Maybole Pipe Band led the procession of French visitors into the town. The band became known affectionately by the Crosnois as "Jimmy's Band".



Alan Harvey presents a bust of Robert Burns to Marylène Laug, deputy Mayor of Crosne.
Alan owned a butcher's shop in Maybole High Street which had a bust of Burns to mark the fact that the parents of Scotland's National Poet first met at a market in the street and were married in Maybole.



Monique Trouette and George Foulkes MP plant a commemorative tree. On the left is James Boyle, Provost of Kyle & Carrick, and on the right is Alisdair Hutton MEP.



Michel Berson, Mayor of Crosne, and David Kiltie, chairman of Maybole Community Council, in Maybole Town Hall signing official twinning documents linking the French town of Crosne with Maybole. In the background is Alan Murray, chairman of Maybole Town Twinning Association.



Pupils of St Cuthbert's Primary School who took part in the celebrations in Maybole Town Hall.



George Foulkes MP plants a commemorative tree at the Town Hall

The 40th anniversary of the events of 1982 are being celebrated in Crosne at the end of September with Provost Iain Campbell making the trip for such an important occasion. We will cover that event in the next issue; meanwhile, enjoy a look back to 40 years ago.



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